



## I want to help!

Please provide your NRIC / FIN to receive tax deduction. Tax deductible receipts will be issued for donations of S\$50 and above.

### Donation Type (Please tick the appropriate box)

This is a personal donation  This is a corporate donation

You may choose to support one or both of our charities

St Luke's Hospital  St Luke's ElderCare

### Donation Amount

\$50  \$100  \$200  Others: \_\_\_\_\_

### Donor Details (Please fill in block letters)

Name / Organisation's Name Dr/Mr/Mrs/Ms/Mdm \_\_\_\_\_

NRIC / FIN / UEN No. \_\_\_\_\_ Tel: H/M \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Singapore

### Donation By Cheque

Please make cheque payable to

"St Luke's Hospital" or "St Luke's ElderCare Ltd"

Cheque number \_\_\_\_\_

### Donation By Credit Card

I would like to make a  monthly  one-time contribution

Name on card \_\_\_\_\_

Expiry date \_\_\_\_ m \_\_\_\_ y Credit card no. \_\_\_\_\_

Type of card:  Visa  Mastercard

### Donation By GIRO

Name of bank \_\_\_\_\_ Branch \_\_\_\_\_

My / our name(s) as in bank's record \_\_\_\_\_

My / our account number

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

My / our signature(s) thumbprint(s)\*/ company stamp \_\_\_\_\_

\*For thumbprints, please visit your bank with your identification

I/we hereby instruct you to process St Luke's Hospital / St Luke's ElderCare Ltd to debit my / our account

You are entitled to reject St Luke's Hospital / St Luke's ElderCare Ltd's debit instruction if my / our account does not have sufficient funds and charge me / us a fee for this. You may also at your discretion allow the debit even if it results in an overdraft on the account and impose charges accordingly

This authorisation will remain in force until terminated by your written notice sent to my / our address last known to you or upon receipt of my / our written revocation through St Luke's Hospital / St Luke's ElderCare Ltd

By submitting this donation form, you fully understand and consent to our use and disclosure of your personal data for the purposes of processing donations, performing donor related activities, carrying out fundraising appeals and events, sending marketing materials and submission of donation data to the Inland Revenue Authority of Singapore for tax-deduction computation

I do not wish to receive marketing communication materials from St Luke's Hospital and St Luke's ElderCare in future.

### St Luke's Recurring Giving Program

#### Benefits to You

Plan & track your monthly budget with ease

Decide the amount you choose to donate and it will be automatically deducted on the 5th of every month. You can also adjust your donation amount anytime.

#### Convenient & Secure

Do away with the extra effort of issuing a cheque many times a year.

#### Pocket Friendly

Your gift is spread consistently throughout the year instead of it being one lump sum. E.g. it is more manageable to donate \$50 a month than \$600 all at once.

#### How It Helps Us

##### Eco-friendly

We can significantly decrease the volume of paper and postage costs by providing you with an annual receipt.

#### Optimisation of resources

Your regular donation provides a steady flow of income that allows us to plan and focus on providing quality care to our elderly.



## Join Us

We are currently looking for people with a keen interest in healthcare to join us in transforming community care. If you would like to make a difference in someone's life, you may be the person we are looking for.

We have the following positions available.

St Luke's Hospital	St Luke's ElderCare
<b>Administration</b> <ul style="list-style-type: none"> <li>Outpatient Services Assistants</li> <li>HR &amp; Admin Associate</li> <li>Senior Finance Assistant</li> <li>Operations Executive</li> </ul>	<b>Operations</b> <ul style="list-style-type: none"> <li>Centre Manager</li> <li>Assistant Centre Manager</li> <li>Care Staff</li> <li>Driver</li> <li>Cleaner</li> </ul>
<b>Allied Health</b> <ul style="list-style-type: none"> <li>Medical Social Workers</li> <li>Occupational Therapists</li> <li>Physiotherapists</li> <li>Pharmacists</li> <li>Senior Dietitian</li> </ul>	<b>Allied Health</b> <ul style="list-style-type: none"> <li>Physiotherapists (Full Registration)</li> <li>Occupational Therapists</li> <li>Occupational Therapist Associate</li> </ul>
<b>Ancillary</b> <ul style="list-style-type: none"> <li>Therapy Assistant</li> </ul>	<p>We also provide bursaries for students pursuing the Diploma in Nursing / Physiotherapy / Occupational Therapy at Nanyang / Ngee Ann Polytechnics.</p> <p>To apply for positions at St Luke's Hospital, please submit your detailed resume &amp; include the position applied for to <a href="mailto:hr@stluke.org.sg">hr@stluke.org.sg</a>.</p> <p>To apply for positions at St Luke's ElderCare, please submit your detailed resume &amp; include the position applied for to <a href="mailto:hq@stluke.org.sg">hq@stluke.org.sg</a>. Please visit <a href="http://www.stluke.org.sg">www.stluke.org.sg</a> for more information.</p>
<b>Chaplaincy</b> <ul style="list-style-type: none"> <li>Assistant Chaplains</li> </ul>	
<b>Medical</b> <ul style="list-style-type: none"> <li>Consultants</li> <li>Associate Consultants</li> <li>Registrars</li> <li>Medical Officers</li> <li>Social Service Executive</li> <li>Care Coordinator</li> </ul>	
<b>Nursing</b> <ul style="list-style-type: none"> <li>Senior/Nurse Managers</li> <li>Staff Nurses (Inpatient &amp; Homecare)</li> <li>Enrolled Nurses (Inpatient &amp; outpatient)</li> <li>Patient Services Assistants</li> <li>Phlebotomist</li> </ul>	

St Luke's

1996  
2016  
YEARS

Q1 2016

# Happenings

A quarterly publication of St Luke's  
MCI (P) 067/03/2014



Above - Winners from St Luke's Hospital and St Luke's ElderCare with Dr Amy Khor (Centre)

18 staff members from St Luke's Hospital and St Luke's ElderCare were recognised for their commitment in delivering quality care and excellent service at the Singapore Health Quality Service Award 2016 (SHQSA). Initiated by SingHealth, it is Singapore's first dedicated platform to honour healthcare professionals from public healthcare institutions, community hospitals, agencies from the Intermediate and Long-Term Care (ILTC) sector and private healthcare institutions.

Dr Amy Khor, Senior Minister of State, Ministry of the Environment and Water Resources & Ministry of Health conferred a total of 17 Silver and 1 Gold award to the recipients. They were recognised in three award categories: Silver, Gold and Star.

Award winners were selected based on stringent criteria such as going the extra mile for patients or colleagues, contributions to service excellence, number of compliments and service awards received and contributions to team efforts to improve service quality and delivery of patient care.

St Luke's would like to congratulate our champions.

**Vision**  
Transforming  
Community Care

**Mission**  
To be a Christian healthcare provider  
enriching lives in the communities.

**St Luke's Hospital and  
St Luke's ElderCare HQ**  
2, Bukit Batok Street 11,  
Singapore 659674 | Fax: 6567 3701

### ST LUKE'S ELDERCARE CENTRES:

**BUKIT TIMAH CENTRE**  
Blk 310, Clementi  
Avenue 4, Tel: 6873 1772

**CHANGKAT CENTRE**  
Blk 350, Tampines Street 33,  
Tel: 6789 9956

**CHONG PANG CENTRE**  
113 Yishun Ring Road,  
Tel: 6481 5708

**CLEMENTI CENTRE**  
Blk 602, Clementi West  
Street 1, Tel: 6872 2210

**GOLDEN YEARS CENTRE**  
Blk 831, Hougang Central,  
Tel: 6386 2273

**HOUANG CENTRE**  
Blk 126, Hougang Avenue 1,  
Tel: 6382 2366

**JURONG EAST CENTRE**  
Blk 327, Jurong East St 31,  
Tel: 6569 0415

**NEE SOON EAST CENTRE**  
260 Yishun St 22,  
Tel: 6481 5903

**NEE SOON CENTRAL CENTRE**  
766 Yishun Avenue 3,  
Tel: 6759 9053

**SERANGOON CENTRE**  
Blk 217, Serangoon Avenue 4,  
Tel: 6285 6004

**TAMPINES CENTRE**  
Blk 101, Tampines Street 11,  
Tel: 6786 7688

**TELOK BLANGAH CENTRE**  
Blk 33, Telok Blangah Way,  
Tel: 6273 3466

**WHAMPOA CENTRE**  
Blk 97, Whampoa Drive,  
Tel: 6252 9661





# Festive Cheer at Jurong East ElderCare Centre

Above - Ms Grace Fu having a chat with a resident during the walkabout

The team at Jurong East ElderCare centre welcomed Ms Grace Fu, Advisor to Yuhua GROs as she visited the centre with grassroots leaders. The visit was part of her walkabout, meeting clients and staff during the Lunar New Year.



The morning event started off brightly with a warm up exercise with the clients. When everyone had settled down, Ms Fu and her team sang with the clients and engaged them in console games.

The visit brought plenty of joy and laughter to the clients and staff as the team from St Luke's ElderCare continued its engagement with the community.



# Occupation Based Programme – Home Engagement Group

When a client recovers from a stroke, they may not be able to carry out the activities they used to do. They may face difficulties while doing the simplest tasks and that may lead to an increase in negative emotions and a loss of self-efficacy.

Activities of Daily Living) in spite of their bodily limitations through a unique combination of activities planned by the therapists in a simulated environment.

The therapists at St Luke's realised the need to promote a positive focus on returning to meaningful life roles and occupations as the patient recovers. Working with clients from the day rehabilitation centre (DRC), the home engagement group programme started in March 2015 to help them regain the confidence to function in their daily activities. The programme allowed clients to start participating more actively at home in activities besides self-care (Instrumental

The clients would start off with light exercises before they engage in activities specially designed for them. Some of the activities the clients might do include laundry management, food preparation and basic household chores. At the end of the 2-hour programme, they will document their progress in a home engagement diary.

Working with the therapists weekly, the clients have a support group to make friends along the way with fellow patients, increasing their confidence as they work towards their recovery.



# Thanksgiving Celebration at Yishun ElderCare Centre

Above - Bishop Terry Kee (Centre) with the team from St Luke's

In the spirit of giving thanks for the opportunity to serve the community for 15 years at Blk 740 Yishun Avenue 5, our centre held a Thanksgiving Celebration, together with church partner, the Lutheran Church of Singapore.

The event was also an occasion to commemorate the closure of the existing centre, relocation of the existing centre to new

premises, and for guests to be present at the signing of the MOU between St Luke's ElderCare and the Lutheran Church of Singapore.

We look forward to continue serving the community at our three new centres at Chong Pang, Nee Soon Central and Nee Soon East.

## Volunteering in her 80s

At 85, Madam Low is one of the oldest volunteers at St Luke's. After leaving her last job at a chalet resort for over 10 years, Madam Low wanted to spend her time meaningfully instead of resting at home - which was something that she was not used to.

She decided to volunteer, and living across the street from St Luke's ElderCare Tampines Centre presented her with the perfect opportunity.

As a volunteer, Madam Low offers help wherever she is needed. If a client needs to visit the washroom, she would hold their hand and lead them there. She enjoys listening or talking with clients and helping out at the kitchen. During meal times, she would help to feed the client if they have difficulty eating or give them a cup of water if they are thirsty.

Her 12-year journey with St Luke's as a volunteer which started in 2003 have taken her to places

she never imagined possible. It brought her to the Istana in 2014 for tea with President Tony Tan during International Volunteer Day.

Rain or shine, Madam Low now volunteers five times a week at the centre. She may have moved from Tampines to Kembangan but her steadfast commitment to volunteer remains. Her daughter would drop her off before she goes to work and Madam Low would arrive at the centre before the doors open. At St Luke's, she treats the clients and staff as if they were her family members and the elderly clients would ask for her if she is not around.



**BUSINESS REPLY SERVICE PERMIT NO. 07905**

**ST LUKE'S HOSPITAL**  
Finance Department  
2 Bukit Batok Street 11  
Singapore 659674

Postage will be paid by addressee. For posting in Singapore only.

Please fold along dotted area and seal securely before posting

### For Completion (Billing Organisation 'BO')

Bank	Branch	Billing Organisation's Account Number	Billing Organisation's Reference Number
7	1	7	1
1	0	0	3

Bank	Branch	Account Number to be Debited

### For Bank's Completion

This Application is hereby REJECTED (please tick) for the following reason(s)

- Signature/Thumbprint# differs from Bank's records
- Signature/Thumbprint# differs from Bank's incomplete/unclear
- Account operated by Signature/Thumbprint#
- Wrong account number
- Amendments not countersigned by customer/BO
- Other reason(s):

\_\_\_\_\_  
Name of Approving Officer

\_\_\_\_\_  
Authorised Signature

\_\_\_\_\_  
Date

# Please delete where inapplicable