



SLH & SLEC are both an Institution of Public Character (IPC).
SLH IPC number: HEF0004/G
SLEC IPC number: IPC000155

Donation Type (Please tick the appropriate box)

☐ This is a personal donation ☐ This is a corporate donation

You may choose to support one or both of our charities

☐ St Luke's Hospital ☐ St Luke's ElderCare

Donation Amount

☐ \$50 ☐ \$100 ☐ \$200 ☐ Others: _____

Donations of \$50 and above are entitled to tax-deduction. For donations below \$50, tax-deductible receipt will only be issued upon request. The tax-deduction is 2.5 times of donation amount.

Donor Details (Please fill in block letters)

Name / Organisation's Name Dr / Mr / Mrs / Ms / Mdm _____

NRIC / FIN / UEN No. _____ Tel: H/M _____

Compulsory for automatic tax-deduction

Email _____

Address _____
Singapore _____

Donation By Cheque

Please make cheque payable to

"St Luke's Hospital" or "St Luke's ElderCare Ltd"

Cheque number _____

Donation By Credit Card

I would like to make a ☐ monthly ☐ one-time contribution

Name on card _____

Expiry date _____ m _____ y Credit card no. _____

Type of card: ☐ Visa ☐ Mastercard

St Luke's Recurring Giving Program

Benefits to You

Plan & track your monthly budget with ease

Decide the amount you choose to donate and it will be automatically deducted on the 5th of every month. You can also adjust your donation amount anytime.

Convenient & Secure

Do away with the extra effort of issuing a cheque many times a year.

Pocket Friendly

Your gift is spread consistently throughout the year instead

of it being one lump sum. E.g. it is more manageable to donate \$50 a month than \$600 all at once.

How It Helps Us

Eco-friendly

We can significantly decrease the volume of paper and postage costs by providing you with an annual receipt.

Optimisation of resources

Your regular donation provides a steady flow of income that allows us to plan and focus on providing quality care to our elderly.

I would like to make monthly donations through GIRO. Please send me a Recurring Giving Form from ☐ St Luke's Hospital ☐ St Luke's ElderCare.

By submitting this donation form, you fully understand and consent to our use and disclosure of your personal data for the purposes of processing donations, performing donor related activities, carrying out fundraising appeals and events, sending marketing materials and submission of donation data to the Inland Revenue Authority of Singapore for tax-deduction computation

☐ I do not wish to receive marketing communication materials from St Luke's Hospital and St Luke's ElderCare in future.



Join Us

We are currently looking for people with a keen interest in healthcare to join us in transforming community care. If you would like to make a difference in someone's life, you may be the person we are looking for.

We have the following positions available.

St Luke's Hospital	St Luke's ElderCare
Administration <ul style="list-style-type: none"> Senior/Finance Assistant Outpatient Services Assistant Operations Executive Phlebotomist (Part-Time) 	Operations <ul style="list-style-type: none"> Centre Manager Assistant Centre Manager Care Staff Driver Cleaner
Allied Health <ul style="list-style-type: none"> Medical Social Workers Occupational Therapists Physiotherapists Pharmacists Senior Dietitian 	Allied Health <ul style="list-style-type: none"> Physiotherapists (Full Registration with AHPC) Occupational Therapist Associate
Ancillary <ul style="list-style-type: none"> Therapy Assistant 	<p>We also provide bursaries for students pursuing the Diploma in Nursing / Physiotherapy / Occupational Therapy at Nanyang / Ngee Ann Polytechnics.</p>
Chaplaincy <ul style="list-style-type: none"> Assistant Chaplains 	
Medical <ul style="list-style-type: none"> Consultants Associate Consultants Registrars Medical Officers 	
Nursing <ul style="list-style-type: none"> Senior/Nurse Managers Staff Nurses (Inpatient & Homecare) Enrolled Nurses (Inpatient & Homecare) Administrative Assistant (Nursing) 	

To apply for positions at St Luke's Hospital, please submit your detailed resume & include the position applied for to hr@stluke.org.sg.

To apply for positions at St Luke's ElderCare, please submit your detailed resume & include the position applied for to hq@stluke.org.sg.

Please visit www.stluke.org.sg for more information.

St Luke's 1996 2016 YEARS Q2 2016

Happenings

A quarterly publication of St Luke's
MCI (P) 055/05/2016

Healthcare Humanity Awards 2016



Above - Our award recipients with CEO, Mr Lim Hock Chuan (C) and fellow colleagues.

The Courage Fund Healthcare Humanity Awards (HHA) is a continuing legacy of the Courage Awards. The awards were first given out in 2003 to healthcare workers in recognition for their efforts in the fight against Severe Acute Respiratory Syndrome (SARS) in Singapore.

Today, the Healthcare Humanity Awards are given to outstanding healthcare workers who are inspirational role models for going the extra mile to offer care and comfort to the sick and infirmed.

St Luke's Hospital is proud to have five winners at this year's Healthcare Humanity Awards. The winners are Dr Kenny Tan, Chief Operating Officer, Senior Nurse Clinician Lo Yuk Hing, Advance Practice Nurse Tan Mui Lan, Occupational Therapist Jean Lim and Senior Patient Care Assistant Tan Beng Heng.

St Luke's would like to congratulate our winners for their win.

Vision

Transforming Community Care

Mission

To be a Christian healthcare provider enriching lives in the communities.

St Luke's Hospital and St Luke's ElderCare HQ

2, Bukit Batok Street 11,
Singapore 659674 | Fax: 6567 3701

ST LUKE'S ELDERCARE CENTRES:

BUKIT TIMAH CENTRE
Blk 310, Clementi Avenue 4, Tel: 6873 1772

CHANGKAT CENTRE
Blk 350, Tampines Street 33, Tel: 6789 9956

CHONG PANG CENTRE
113 Yishun Ring Road, Tel: 6481 5708

CLEMENTI CENTRE
Blk 602, Clementi West Street 1, Tel: 6872 2210

GOLDEN YEARS CENTRE
Blk 831, Hougang Central, Tel: 6386 2273

HOUGANG CENTRE
Blk 126, Hougang Avenue 1, Tel: 6382 2366

JURONG EAST CENTRE
Blk 327, Jurong East Street 31, Tel: 6569 0415

NEE SOON EAST CENTRE
260 Yishun Street 22, Tel: 6481 5903

NEE SOON CENTRAL CENTRE
766 Yishun Avenue 3, Tel: 6759 9053

SERANGOON CENTRE
Blk 217, Serangoon Avenue 4, Tel: 6285 6004

TAMPINES CENTRE
Blk 101, Tampines Street 11, Tel: 6786 7688

TELOK BLANGAH CENTRE
Blk 33, Telok Blangah Way, Tel: 6273 3466

WHAMPOA CENTRE
Blk 97, Whampoa Drive, Tel: 6252 9661

Inter-Generational Games 2016

St Luke's ElderCare (SLEC) has a long history in partnering Bendemeer Secondary School for the inter-generational games. The games first started in 2003 and have continued to grow ever since. The event is an opportunity for the students to bond with our elderly clients, to find out more about their life experience and bridge the generation gap through games and activities that have been replaced by technology.

Bendemeer Secondary School hosted our elderly clients recently, bringing buckets of joy and fun to



Above - Students engaging the clients through games.



our clients and their caregivers. Held annually, the Secondary 2 students guided the clients through the games and activities before ending the day with lunch.

Months before the games started, the students and their teacher volunteers would visit the centres to get to know more about the needs of our clients. With this knowledge, the students brainstormed ways to engage with the elderly with purpose and meaning.

Guided by the teachers and centre managers, the students would come up with activities to engage the clients. Some of the activities include craftwork, physical activities like bowling, ring toss and mental games like bingo and guessing ball games.

St Luke's would like to thank the teachers, trainers and students for their time and dedication towards our clients.

Creative Care



Engagement in meaningful activities is a key component in providing care to the elderly. St Luke's Art Therapy Programme was recently introduced at our eldercare centres, as a part of ageing well, and encouraging the elderly to develop new hobbies.



Above - Some of the drawings done by our clients.

At Telok Blangah Centre, our seniors got creative with comic drawings; tapping on memories of activities they enjoy doing. For Madam Sim, a 90-year-old who enjoys karaoke, her drawing of a songstress, complete with pink dress and black gloves onstage reflects her passion. Others like 60-year-old Jimmy Kwok, let their imagination take flight with drawings of pirate adventures. To make the project more meaningful, the artworks from 10 clients were later compiled into a bound booklet as a keepsake for the participants.



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ST LUKE'S HOSPITAL
Finance Department
2 Bukit Batok Street 11
Singapore 659674

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Help @ Home



Above - The Home Care team, ready for their next patient visit.

As part of efforts to continue our services in the heart of the community, St Luke's ElderCare initiated the Home Care services in October 2015. Reaching out to the elderly who are too ill to leave their homes, Home Care, comprising Home Medical and Home Nursing services provides a range of services such as assessments, wound management, education and monitoring of chronic disease, bowel care, stoma care and tube changing. To date, the Home Care team has received 164 referrals and supports 109 elderly who require these services.

A Brother's Love will Never End



David (L) continues to care for his brother Jimmy (R) as he works on his recovery.

David is a regular guy. He was previously from the food industry, manufacturing noodles that supplied hawkers in Singapore. Together with his business partner, he enjoyed his job as it gave him opportunities to meet new customers and make friends along the way.

His life changed in late November 2013 when the police visited him at home in the evening. His older brother, Jimmy, was admitted to the hospital after he had a stroke. Jimmy was out earlier in the day with his friends and everything seemed well. He had high blood pressure but nothing seemed out of the ordinary that day. It was a shock to David as he prepared to visit his brother in the hospital.

When he arrived, the doctor told him that his brother had lost function on his left side. As David digested the news, he knew he had to care for Jimmy as he started on his road to recovery.

After Jimmy was discharged from the rehabilitation hospital, he went to St Luke's ElderCare centre at Telok Blangah in January 2015. Living near

the centre, it was convenient for Jimmy to visit the centre to continue his rehabilitation. David was there with him as his caregiver, every step of the way during his recovery. Having left his job to care for his brother, David decided to volunteer at the centre while his brother underwent rehabilitation. He helped to porter patients, share tips with other caregivers on how to cope with a loved one's illness and helped the therapists with their therapy sessions. His friendly demeanour was a hit with the elderly clients and staff alike.

With encouragement from the therapist, David applied to become a full time staff in August 2015. Today, he is one of the many care staff at the centre, engaging clients and helping the therapists with their sessions. His duties have also expanded to ferrying clients to and fro the centre in the morning and evenings.

David is glad that he is at Telok Blangah Centre. He can keep a lookout on his brother and share his experience with others who are starting their caregiving journey.

Please fold along dotted area and seal securely before posting