

Centre-based Nursing

Offered to enable caregivers to allocate time for appointments, centre-based nursing eliminates the need of having to travel to and from.

Services offered include:

- Wound Management & Dressing
- Medication Administration
- Education & Counselling
- Tube Care

Home-based Services

Offered to cater to less ambulant clients, caregivers can make appointments with our medical team to visit their loved ones in the comfort of their home.

Services offered include:

- Home Medical and Home Nursing
- Home Personal Care
- Home Dietetics
- Home Therapy



Home Nursing



AMK Polyclinic Centre
21 Ang Mo Kio Central 2
T 6258 7045

Ayer Rajah Centre
150A Pandan Gardens
T 6262 1501

Bukit Batok Centre
Blk 168 Bukit Batok West Ave 8
T 6266 6615

Bukit Timah Centre
Blk 310 Clementi Ave 4
T 6873 1772

Changkat Centre
Blk 350 Tampines St 33
T 6789 9956

Chong Pang Centre
Blk 113 Yishun Ring Road
T 6481 5708

Clementi Centre
Blk 602 Clementi West St 1
T 6872 2210

Golden Years Centre
Blk 831 Hougang Central
T 6386 2273

Hougang Centre
Blk 126 Hougang Ave 1
T 6382 2366

Hougang Meadow Centre
Blk 364 Upper Serangoon Road
T 6284 1281

Jurong East Centre
Blk 327 Jurong East St 31
T 6569 0415

Keat Hong Centre
Blk 801 Keat Hong Close
T 6891 0370

Kebun Baru Centre
216 Ang Mo Kio Ave 4
T 6256 6650

Marine Parade Centre
Blk 86 Marine Parade Central
T 6284 1089

Nee Soon Central Centre
Blk 766 Yishun Ave 3
T 6759 9053

Nee Soon East Centre
Blk 260 Yishun St 22
T 6481 5903

Rivervale Centre
Blk 164 Rivervale Crescent
T 6282 9028

Serangoon Centre
Blk 217 Serangoon Ave 4
T 6285 6004

Sumang Centre
Blk 222 Sumang Lane
T 6244 8031

Tampines Centre
Blk 101 Tampines St 11
T 6786 7688

Telok Blangah Centre
Blk 33 Telok Blangah Way
T 6273 3466

Whampoa Centre
Blk 97 Whampoa Drive
T 6252 9661

St Luke's
ELDERCARE



YOUR TRUSTED ELDERCARE SERVICE PROVIDER

A quick overview on the services available at
St Luke's ElderCare.

Day Rehabilitation

Day Rehabilitation aims to maintain, restore or maximise functional ability and delay deterioration due to disease and ageing. This is helpful for conditions such as:

- Post-operations (eg. total knee replacement)
- Stroke & Poor Balance
- Parkinson's Disease
- Functional Decline
- Spinal Cord Injury



Dementia Day Care

Dementia Day Care aims to slow down the physical and mental deterioration of persons with dementia. The programme assists in their daily activities of living and stimulates their cognitive ability by offering:

- Cognitive Games & Activities
- Reality Orientation
- Discussions

Maintenance Day Care

A fun-filled programme which aims to stimulate the physical, psychological and social well being from Mondays to Fridays. Activities include:

- Supervised Maintenance Exercises
- Voluntary Service Engagements
- Diversional Group Activities
- Community Participation



Transportation

With our transport vans, it adds convenience for our clients.

Transportation is based on an appointment basis.



Wellness Programme

Our activities prepare seniors for healthy ageing. The key to good health lies not only in having a balanced diet and sufficient rest but also regular exercise.

St Luke's ElderCare's Wellness Programme is conducted in a gym (selected centres) specially designed for this purpose. These include:

- Fitness Assessments & Health Monitoring
- Health Talks & Fitness Classes
- Supervised Exercise Sessions
- High Quality Equipment



Weekend Respite Care

As a caregiver, it is important for you to find time to care for yourself. Whether it is to go for a medical appointment, run an errand or to take a short break during the weekends, you may consider our Weekend Respite Care Services available at Changkat, Marine Parade, Keat Hong, Nee Soon Central and Sumang.

Who can benefit:

- Families or caregiver who need relief from caregiving duties