

ANNUAL REPORT

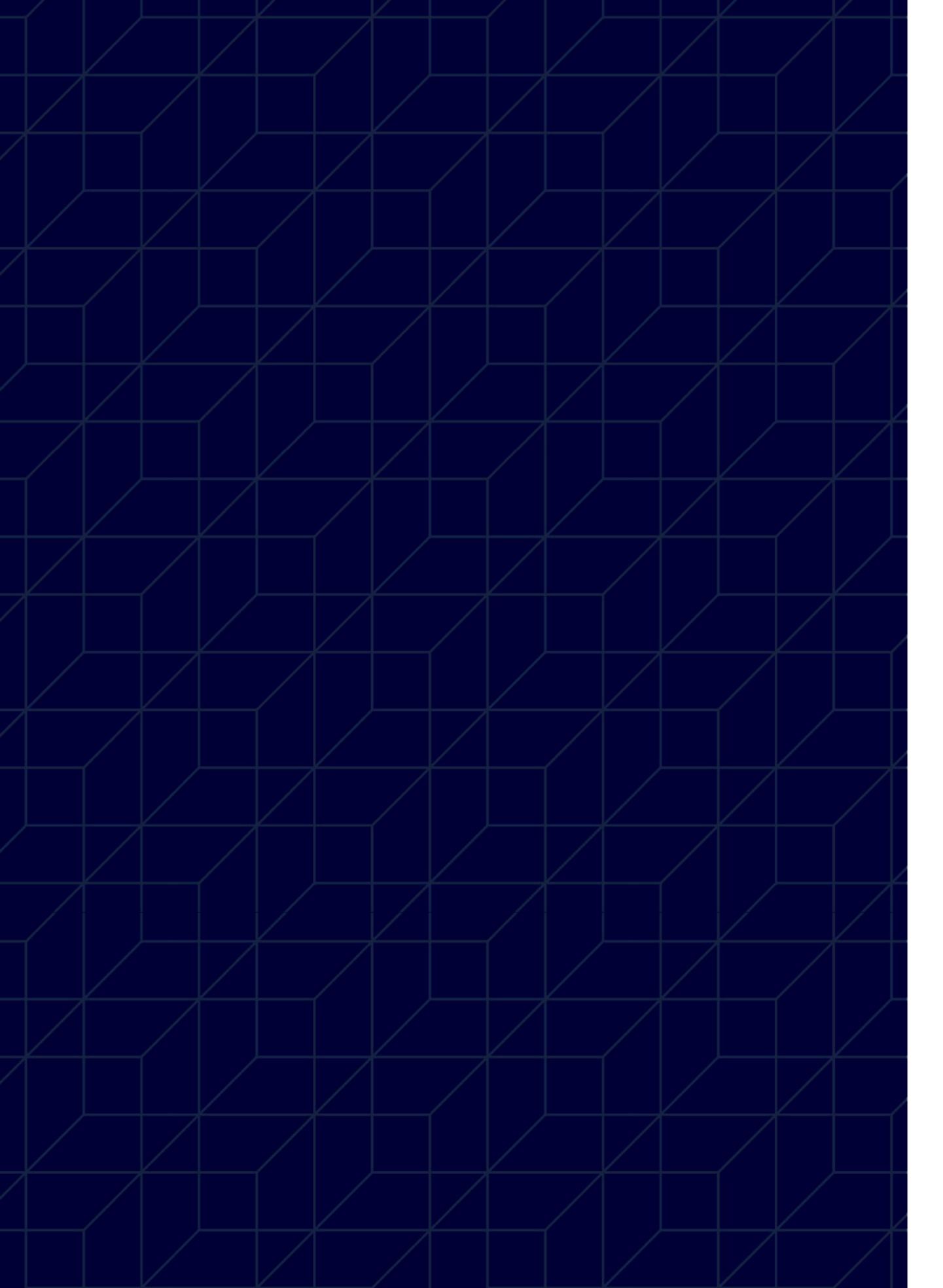
2017 - 2018







POSITIONING FOR GROWTH



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CHAIRMAN'S MESSAGE

As we continue to grow, steadfast and faithful stewardship is vital, as it creates value, propels growth and helps prepare us for the future.

We thank God for His grace and blessings in the past year, and for the awards of six new senior care centres and a nursing home that is expected to be ready by 2020.

As we prepare for the future, we endeavour to continue transforming community care. This will be done by creating value from the resources we are entrusted with, through ensuring best practices to better manage continuous growth and stability and by paying keen attention to new developments and schemes in the eldercare landscape.

Our aim is to establish greater capacity in our People, Place and Programmes.

People

We work with not just our own resources, but also draw from beyond St Luke's ElderCare to create an ecosystem of care and support.

Our engagement with the community, corporates and government has allowed us to introduce a diverse menu of activities and importantly, provided opportunities for strengthening bonds between our seniors and the community at large.

Place

Creating value requires that we provide an environment for quality care. This means developing innovative spaces that are welcoming as well as offer high functionality. A good example is our recently reopened Ayer Rajah Centre, with its flexible spaces and indoor-outdoor ambience.

Programmes

Value and growth come from keeping a finger on the pulse of change and innovation, and an eye on future trends in the types of services and support that would be needed by an ageing population. This makes it imperative that we invest in research and pay close attention to best practices as we move forward. We have in fact made good strides in these areas and an example was collaborative research projects and participation in major conferences and knowledge networks.

Finally, it must be said that caring hearts make faithful stewards. I would like to thank God our provider who is the source of all our blessings. I would also like to extend my utmost thanks to our staff for their devotion to our mission, our board members and sub-committee members for their wise counsel and dedication, the senior management for their commitment and leadership and the Ministry of Health for their support.

To grassroots organisations, volunteers, schools, friends and church partners of St Luke's ElderCare, our heartfelt appreciation for your generous support through the years.

May God bless you abundantly.





In positioning for growth, we look to create an ecosystem of People, Place and Programmes in which the whole is much more than the sum of its parts.

The year 2017 saw a number of significant initiatives come to fruition, guided by an emphasis on our GRACE model of care. Under this transformative model, seniors are seen as active participants in their care rather than just passive recipients of care. Such an orientation has significant implications for how we develop our People, Place and Programmes.

Called to Care

In 2017, our staff once again garnered an impressive roster of awards and recognition for their outstanding contributions to the care sector. Nevertheless, there is much more to be done. Recruiting the right people, nurturing staff's talents and raising the profile of careers in the eldercare sector are key, and we have new and ongoing initiatives on all these fronts.

In 2017, we achieved accreditation as a Workforce Skills Qualifications (WSQ) Inhouse Approved Training Organisation and we expanded our orientation programme for new staff. As a result of these initiatives, our total training hours jumped a dramatic 170% between 2015 and 2017.

Also of note is our collaboration with the Institute of Technical Education (ITE) on their first ever Work-Learn Technical Diploma in Rehabilitation.

Placed to Serve

Our eldercare facilities across Singapore are an important pillar of our focus on helping seniors remain within their communities. We are continually enhancing our spaces to support the physical, mental and social well-being of our clients. The award of the Singapore Good Design Mark to our newly renovated Ayer Rajah Centre is testament to this commitment.

Another major milestone in 2017 was the introduction of Enhanced Dementia Day Care at all our centres to meet a growing area of need. By 2020, we will be adding a 189-bed nursing home to our portfolio.

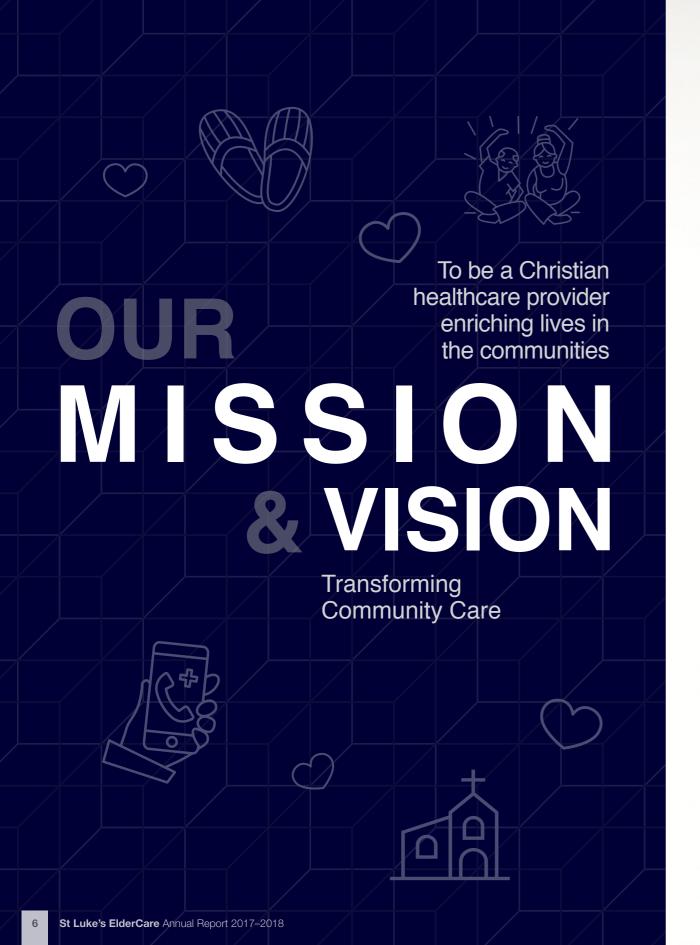
Programmed to Innovate

Our programmes advance the development and application of innovative solutions, and include:

- An ambitious IT Enterprise Architecture and Masterplan to leverage the latest technologies to increase efficiency and productivity and improve service quality.
- A grant worth SGD 250,000 to develop policy and service recommendations for the government.
- Conferences and collaborative networks, such as the first Singapore Social Work Practice Research Conference 2018.
- A well-received arts programme for our clients that led to our first ever public art exhibition.

Going forward, our task is clear which is to lead the way in building a sustainable and vibrant eldercare sector that is focused on the needs of our ageing population. The challenge is immense but so is our dedication to our mission to enrich lives in the community.

On a final note, I would like to thank our volunteers, church partners, schools, caregivers, corporate partners and grassroots partners for their amazing support.





We will serve with compassion, valuing and caring for every individual.

Holistic Excellence



We will strive to deliver the best outcome and highest quality of service.



We will respect every patient and client, and each other, serving in our different roles, treating every individual with consideration and dignity.

OUR CORE VALUES





We will adhere to the highest standard of professionalism, ethics and personal responsibility, worthy of the trust our patients and stakeholders placed in us.

Stewardship



We will ensure mission sustainability through prudent investment in and of all resources entrusted to us.





We will value the contribution of all and share responsibility for our services towards a common goal.

BOARD OF DIRECTORS



Mr Timothy Teo (w.e.f. 8 Sep 2014) Chairman St Luke's ElderCare Ltd

Director St Luke's Hospital

Independent Director Guocoland Ltd



Ms Jacqueline Poh (w.e.f. 1 Aug 2016) **Vice Chairman** St Luke's ElderCare Ltd

Chief Executive Officer GovTech Singapore

Member Defence Science and Technology Agency



Ms Ginger Hsiao (w.e.f. 1 Sep 2017) **Honorary Treasurer** St Luke's ElderCare Ltd

Member Management Committee of Pasir Paniana Hill Community Services Centre



Mr Choo Eng Beng (w.e.f. 1 Oct 2016)

Director St Luke's ElderCare Ltd

Director St Luke's Hospital

Chairman Audit Committee. Church of Singapore



Mr Lee Chee Yeng (w.e.f. 8 Sep 2014) **Director** St Luke's ElderCare Ltd Member





(w.e.f. 1 May 2017) **Director** St Luke's ElderCare Ltd Director (HR - South East Asia. South Asia and Middle

East), Akzo Nobel

Paints (Asia Pacific)

Ms Lim Ai Ling



Mr Yeong Zee Kin

(w.e.f. 1 Mar 2017) **Honorary Secretary** St Luke's ElderCare Ltd

Deputy Commissioner Personal Data Protection Commission

Chairman Electronic Discovery CFC Steering Committee, Singapore Academy of Law



Dr Peng Chung Mien

(w.e.f. 1 Oct 2016) Director St Luke's ElderCare Ltd

Chairman St Luke's Hospital

Chief Executive Officer Farrer Park Company



Mr Alfred Wong

(w.e.f. 1 Feb 2017) Director St Luke's ElderCare Ltd

Managing Director Noel Gifts International Pte Ltd

Member Bethesda (Bedok-Tampines) Church



Mrs Wee Wan Joo

(w.e.f. 1 Jul 2013) Director St Luke's ElderCare Ltd

Director St Luke's Hospital

Member

Agency for Integrated Care (AIC) Medifund Committee for the Portable Subsidy Scheme



Mr Wong King Yoong

(w.e.f. 1 Feb 2017) **Director** St Luke's ElderCare Ltd

Chairman BizLink Centre Singapore Ltd



Prof Ho Yew Kee

(w.e.f. 1 Aug 2017) **Director** St Luke's ElderCare Ltd

Independent Director St Luke's Hospital

Associate Provost (SkillsFuture for Staff Development) Singapore Institute of Technology

CORPORATE GOVERNANCE

The Board is supported by several committees, which provide advice, recommend needed changes and craft proposals in line with the overall strategic direction set by the Board and the interests of St Luke's ElderCare.

These committees serve an important role in ensuring a high level of accountability and integrity in the administration and operations of St Luke's ElderCare.

St Luke's ElderCare is grateful for the care and commitment of our Board of Directors and committee members, who do not receive any remuneration for their service.

AUDIT COMMITTEE

The Audit Committee assists the Board of Directors in fulfilling its oversight and fiduciary responsibilities to St Luke's ElderCare to act in the interest of the organisation as a whole.

Audit is a critical aspect of the committee's responsibility. In 2017, the appointed auditor was Moore Stephens LLP. The audit focused on key areas of risk, particularly those with high potential for material inaccuracies. These included areas where significant judgements in relation to accounting were made by the management as well as issues from the previous year's audit (where relevant).

The audit covered: analytical review and review of financial statements; assessment of control protocols; identification and assessment of risks; review of audit findings and procedures adopted; and understanding of the business and accounting process. The report from the audit team highlighted the relevant governing regulations and concluded that there were no exceptions to report from the audit in the previous financial year.

The committee met in 2017 to review the recommendations from the external auditor on asset management; compliance controls; operational procedures; procurements and payments; and risk management.

Going forward, the Audit Committee will continue to review the annual financial statement to ensure that existing or updated policies and procedures enable the highest possible level of integrity to be met.

The committee's responsibilities include:

- Reviewing the findings of internal investigations.
- Examining the effectiveness and adequacy of internal control systems to ensure the integrity and confidentiality of critical information.
- Overseeing and reviewing the effectiveness and efficiency of operations.
- Ensuring compliance with relevant laws and regulations, contracts and the organisation's code of ethics.

HUMAN RESOURCE COMMITTEE

The Human Resource
Committee assists
the Board by taking a
strategic and principled
approach to the design
and implementation of
the organisation's human
resource policies.

The committee's responsibilities include:

- Overseeing senior management appointments, including conducting interviews, recommending development and compensation packages, and reviewing personnel performance.
- Reviewing succession planning for key management positions.
- Reviewing policies related to the recruitment, training and development, and retention of staff.
- Setting and approving bonus and compensation packages for staff.

The committee is also responsible for commissioning internal investigations into any suspected irregularity or failure of internal controls or infringement of any law, rule and regulation relating to human resource management; and reviewing the findings of such investigations.

During the financial year, the committee met two times to review the organisation's human resource objectives. The committee worked closely with the management of St Luke's ElderCare to ensure the successful implementation of objectives agreed upon after the review.

FINANCE, INVESTMENT & PROCUREMENT COMMITTEE

The Finance, Investment and Procurement Committee provides advice to the Board of Directors and reviews St Luke's ElderCare's financial performance, annual budget and expenditure with the aim of:

- Overseeing annual budget preparation.
- Reviewing and approving tenders with management.
- Approving investments and other financial matters.
- Updating the Board of Directors on financial decisions made.

In line with its mandate, the committee met to review project tenders, the annual budget and investment matters.

MEDIFUND COMMITTEE

The Medifund Committee ensures that disbursements are made in accordance with Medifund objectives and guidelines. Applications for assistance with healthcare bills are carefully evaluated based on factors such as the socioeconomic circumstances of the applicant's immediate family members, the size of the bill incurred and the outstanding balance. The committee's responsibilities include:

- Considering and approving Medifund and Medifund Silver applications from eligible clients.
- Exercising oversight over the (straightforward) cases delegated to the Chief Executive Officer or Chief Operating Officer for review and approval.
- Administering payments out of St Luke's ElderCare's Medifund Account.

During the financial year, the committee worked closely with the management of St Luke's ElderCare to ensure that those in need are able to have their healthcare bills taken care of in a timely manner.

NOMINATION COMMITTEE

The Nomination Committee assists the Board in fulfilling its responsibility to ensure compliance with the revised Code of Governance for Charities and Institutions of a Public Character (IPCs). The committee's responsibilities include:

- Leading the process for all nominations pertaining to the appointment(s) of the functional committees and persons to be invited as members of the Board.
- Reviewing the structure, size and composition of the Board in compliance with Charity Act guidelines and recommending any needed changes to the Board.
- Evaluating the skills and knowledge required for any nomination in light of the current Board composition.
- Reviewing succession plans for the Board.

During the financial year, the committee reviewed the existing status of the Board and its performance, including nominations for the Board, compliance with the Charity Act and the composition of the functional committees. Following the reviews, the committee provided advice and recommendations to the Board, as needed.

WHISTLEBLOWER POLICY

St Luke's ElderCare is committed to lawful and ethical behaviour in all its activities, and requires that its directors, management, staff, volunteers and consultants conduct themselves in a manner that complies with all applicable laws and internal policies.

In keeping with this commitment and St Luke's ElderCare's interest in promoting open communication, its whistleblower policy aims to provide a means through which concerned employees could raise ethics and governance related issues with the assurance that their identity will be kept confidential and they will be protected from reprisals or victimisation for acting in good faith.

COMPOSITION OF THE BOARD OF DIRECTORS

The Board of Directors requested for Mr Timothy Teo to extend his tenure by another term in order to provide continuity of leadership and guidance to the senior management team in this period of rapid growth and development.

The board acknowledges and appreciates Mr Teo's continuous leadership and commitment.

The composition of the Board is shown in the table below:

Position	Date First Appointed	Attendance at Board Meetings in 2017	Key Directorships and Appointments	
Mr Timothy Teo Chairman	15 Mar 2008	3/3	Director, Guocoland Ltd	
Ms Jacqueline Poh Vice Chairman	1 Jul 2013	3/3	Chief Executive Officer, GovTech Singapore	
Mr Yeong Zee Kin Honorary Secretary	1 Oct 2016	2/3	Deputy Commissioner, Personal Data Protection Commission	
Ms Ginger Hsiao Honorary Treasurer	1 Feb 2017	3/3	Director, Pilgrim Partners Asia Pte Ltd	
Prof Ho Yew Kee Director	1 Aug 2017	2/2	Associate Provost (SkillsFuture & Staff Development), Singapore Institute of Technology (SIT) Independent Director for St Luke's Hosp	
Dr Peng Chung Mien Director	1 Oct 2016	2/3	Chief Executive Officer, Farrer Park Company	
Mr Alfred Wong Director	1 Feb 2017	3/3	Managing Director, Noel Gifts International Pte Ltd	
Mr Choo Eng Beng Director	1 Oct 2016	3/3	Assurance Partner, PricewaterhouseCoopers LLP	
Mr Lee Chee Yeng Director	8 Sep 2014	3/3	Former C-Suite Positions in PSA, CIAS and St Luke's Hospital	
Ms Lim Ai Ling Director	1 May 2017	2/3	Director, Akzo Nobel Paints	
Mrs Wee Wan Joo Director	1 Jul 2013	2/3	Agency for Integrated Care (AIC) Medifund Committee for the Portable Subsidy Scheme	
Mr Wong King Yoong Director	1 Feb 2017	2/3	Chairman, BizLink Centre Singapore Ltd	

COMPOSITION OF THE BOARD COMMITTEES

Committee	Name	Designation	
Audit Committee	Prof Ho Yew Kee Ms Wong Wei Mr Yeo Ek Khuan Mr Philip Lee Mr Ho Guan Loon	Chairman (since 1 Feb 2017) Member (since 1 Feb 2017)	
Finance, Investment & Procurement Committee	Ms Ginger Hsiao Mr Alfred Wong Mr Yeong Zee Kin Mr Lee Chee Yeng	Chairman (since 1 Oct 2017) Member (since 1 Oct 2017) Member (since 1 Feb 2017) Member (since 1 Oct 2017)	
Human Resource Committee	Mrs Wee Wan Joo Mr Khoo Teng Cheong Dr Goh Khean Teik Mrs Wee Soo Jung Ms Seah Yen Goon, Diana Ms Lim Ai Ling	Chairman (till 1 Apr 2018) Member (since 1 Feb 2017) Member (since 1 May 2017)	
Medifund Committee	Mrs Wee Wan Joo Mr Wong Loong Mun Ms Chua Ee Cheng	Chairman (since 22 Jan 2018) Member (since 22 Jan 2018) Member (since 22 Jan 2018)	
Nomination Committee	Mr Timothy Teo Ms Jacqueline Poh Mrs Wee Wan Joo	Chairman (since 21 May 2016) Member (since 21 May 2016) Member (since 21 May 2016)	

ANNUAL RENUMERATION DISCLOSURE

This information is provided in accordance with the revised Code of Governance for Charities and Institutions of a Public Character (IPCs) 2017, which recommends that a charity disclose the remuneration for each of its three highest paid staff, who each receives remuneration exceeding \$100,000.

	FY 2016 Number of staff	FY 2017 Number of staff	
\$100,001 - \$200,000	5	7	
\$200,001 - \$300,000	-	1	
\$300,001 - \$400,000	-	-	



Ms Sharon Er (Absent with apologies) Deputy Director Corporate Performance Ms Ng Lay Ling (Absent with apologies) Deputy Director Community-Based Services

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HEADS OF RESPECTIVE CENTRES

1. Mr Leonard Chan

Changkat Assistant Centre Manager

2. Mr Jeffrey Ha

Marine Parade Assistant Centre Manager

3. Mr David Loh

Changkat Senior Centre Manager

4. Mr Eugene Tong

Tampines Centre Manager

5. Mr Wu Jun Jie

Kebun Baru Assistant Centre Manager

6. Mr Ow Yong Kim Thiam

Nee Soon East Centre Manager

7. Mr Tey Lian Pew

Nee Soon Central Assistant Centre Manager

8. Ms Jennifer Goh

Ang Mo Kio Polyclinic Senior Centre Manager

9. Ms Jenny Ang

Chong Pang Assistant Centre Manager

10. Mr Gabriel Chua

Telok Blangah Assistant Centre Manager

11. Ms Arlene Jiang

Keat Hong Assistant Centre Manager

12. Ms Lau Ley Yen

Keat Hong Centre Manager

13. Mr Winsy TogelangAyer Rajah Centre Manager

14. Mr Edwin Lim

Jurong East Centre Manager

15. Ms Wong Mei Ling

Serangoon Centre Manager

16. Mr Simon Lim

Bukit Timah Centre Manager

17. Mr Philip Lee

Clementi Assistant Centre Manager

18. Ms Lee Siew Cheng

Hougang Meadow Assistant Centre Manager

19. Mr Jeremy Neo

Rivervale Assistant Centre Manager

20. Ms Karen Cheong

Golden Years Centre Manager

21. Mr Alvin Teo

Sumang Assistant Centre Manager

22. Mr Samuel Chan

Whampoa Senior Centre Manager

Ms Lim Beng Toh (Absent with apologies) Clementi Senior Centre Manager

Ms Valerie Koh (Absent with apologies) Bukit Timah Assistant Centre Manager

Ms Lena Choo (Absent with apologies) Hougang Centre Manager

Ms Vivi Lolowang (Absent with apologies) Bukit Batok Centre Manager



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AMK Polyclinic Centre¹

21 Ang Mo Kio Central 2 #02-01, Singapore 569666 T: 6258 7045

Ayer Rajah Centre

150A Pandan Gardens #01-01, Singapore 609342 Tel: 6262 1501

Bukit Batok Centre

168 Bukit Batok West Avenue 8 #01-208, Singapore 650168 Tel: 6266 6615

Bukit Timah Centre

Blk 310 Clementi Avenue 4 #01-263, Singapore 120310 Tel: 6873 1772

Changkat Centre

Blk 350 Tampines Street 33 #01-438, Singapore 520350 Tel: 6789 9956

Chong Pang Centre

Blk 113 Yishun Ring Road #01-457, Singapore 760113 Tel: 6481 5708

Clementi Centre

Blk 602 Clementi West Street 1 #01-25, Singapore 120602 Tel: 6872 2210

Golden Years Centre

Blk 831 Hougang Central #01-502, Singapore 530831 Tel: 6386 2273

Hougang Centre

Blk 126 Hougang Avenue 1 #01-1506, Singapore 530126 Tel: 6382 2366

Hougang Meadow Centre¹

Blk 364 Upper Serangoon Road #01-02, Singapore 530364 Tel: 6284 1281

Jurong East Centre

Blk 327 Jurong East Street 31 #01-174, Singapore 600327 Tel: 6569 0415

Keat Hong Centre

Blk 801 Keat Hong Close #01-02, Singapore 680801 Tel: 6891 0370

Kebun Baru Centre³

216 Ang Mo Kio Avenue 4 #04-01, Singapore 569897 Tel: 6256 6650

Marine Parade Centre²

Blk 86 Marine Parade Central #01-670, Singapore 440086 Tel: 6284 1089

Nee Soon Central Centre

Blk 766 Yishun Avenue 3 #01-295, Singapore 760766 Tel: 6759 9053

Nee Soon East Centre

Blk 260 Yishun Street 22 #01-97, Singapore 760260 Tel: 6481 5903

Rivervale Centre¹

Blk 164 Rivervale Crescent #01-01, Singapore 540164 Tel: 6282 9028

Serangoon Centre

Blk 217 Serangoon Avenue 4 #01-156, Singapore 550217 Tel: 6285 6004

Sumang Centre¹

Blk 222 Sumang Lane #01-01, Singapore 820222 Tel: 6244 8031

Tampines Centre

Blk 101 Tampines Street 11 #01-13, Singapore 521101 Tel: 6786 7688

Telok Blangah Centre

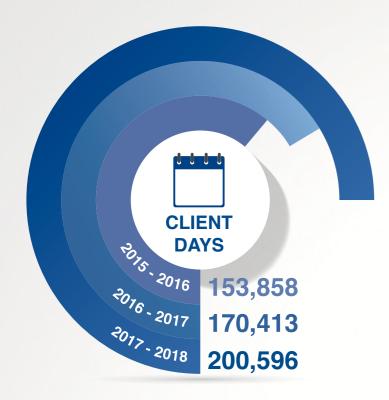
Blk 33 Telok Blangah Way #01-1038, Singapore 090033 Tel: 6273 3466

Whampoa Centre

Blk 97 Whampoa Drive #01-222, Singapore 320097 Tel: 6252 9661

¹awarded the centre in July 2017 ²awarded the centre in December 2017 ³awarded the centre in February 2018

OUR YEAR IN NUMBERS

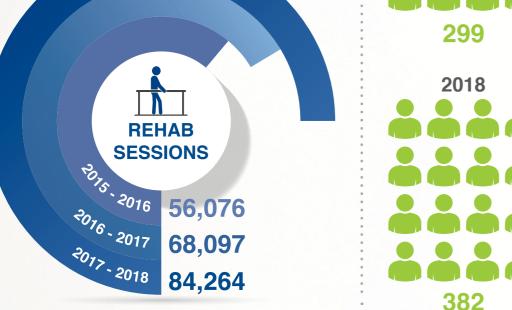








2017



Figures reflected are measured between 1st April - 31st March of each financial year

FINANCIAL YEAR IN REVIEW

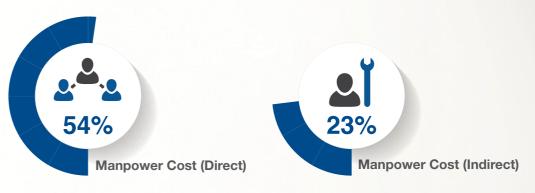
Income from April 2017 – March 2018







Expenses from April 2017 – March 2018







Note: The above information does not take into account restricted funds.

DIVERSIFICATION OF SERVICES

With the aim of diversifying our service offerings to cater to those who have needs beyond centre-, home- and community-based care and services, we seek to break new ground by venturing into residential care.

Our success in being awarded a 189-bed nursing home (operationally ready in 2020), via the Ministry of Health's competitive Request for Proposal process plays a pivotal role in this expansion of our portfolio to residential care.

We stand guided by our GRACE model in delivering quality care across the centre-, home-, community- and now residential-based settings, and in defining the tone for the design of our facilities and the associated amenities.



OUR GRACE MODEL OF CARE

GRACE provides the essential characteristics that permeates how care is carried out for our elderly clients, their caregivers and families.



Graceful Living

We believe that our clients should be able to age with grace, and enjoy and appreciate family time, relationships with their peers, hobbies, etc.



Respect

We acknowledge that each client is a unique individual and we respect their personal space and preferences. For instance, we acknowledge and respect their decisions and choices.



Autonomy

We give our clients the option to make decisions for themselves in their everyday living and we aim to encourage independence and freedom with no prejudice.



Choice

We aim to consistently offer choices when it comes to the care of our clients.



Empowerment

We believe in empowering our clients and staff so that we give them a voice to communicate their plans, aspirations, thoughts, ideas on improving workflow and quality of care, etc.

Awards & Recognitions

The Courage Fund Healthcare Humanity Awards 2017

The Courage Fund Healthcare Humanity Awards is a continuing legacy of the Courage Awards that were first given out in 2003 following the outbreak of severe acute respiratory syndrome (SARS) in Singapore.

Ms Lim Beng Toh, Senior Centre Manager and Cluster Lead of the Western region, was conferred the award under the Intermediate and Long-Term Care Sector. The award was given in recognition of her outstanding work in going the extra mile to offer care and comfort to our day care seniors.



Singapore Health Quality Service Awards 2018

The Singapore Health Quality Service Awards is a national platform to honour healthcare professionals who have delivered quality care and excellent service to patients. Our staff won 24 Silver Individual Awards and 1 Star Award. They were recognised for their exemplary contribution and commitment to service excellence in their respective areas of work in eldercare.



5th Asia Pacific Eldercare Innovation Awards 2017

The 5th Asia Pacific Eldercare Innovation Awards recognised a total of 68 organisations from 12 countries for their contributions in shaping the future and for their innovative and quality approaches to changing the ageing landscape.

St Luke's ElderCare came in as the finalist for:



Best Day Care Programme

The most dynamic centrebased activity/programme that improves wellbeing for older adults.



Facility of the Year (Ageing-in-Place)

Provides the most conducive environment for older adults to age-in-place.



Best Rehabilitation Operator

Provides the best programmes that enable improvements for daily living, strength and wellbeing.

Cities of Love Award 2017

The Cities of Love Award aims to recognise the ground-up efforts among enterprising individuals and corporates in protecting the environment and galvanising others to be part of the movement. The award is assessed based on three factors:



environmental



economic



social sustainability

St Luke's ElderCare received the Cities of Love Merit Award under the social sustainability category, which acknowledges excellence in building a society that lasts through initiatives and actions that will sustain their social group or community in the long term.

We were recognised for 'Loving Our Neighbours', our submission featuring the Wellness Kampung at our Nee Soon Central Centre, which utilises community space to encourage participation and interaction among those residing in the area and seniors at the centre.



National Accreditation

WSQ In-house Approved Training Organisation

To enhance the quality of training available to care staff, and equip them with higher level skills by adopting industry best practices, we turned to a nationally recognised accreditation scheme from SkillsFuture Singapore.

On 24 August 2017, we were accredited by SkillsFuture Singapore as a Workforce Skills Qualifications (WSQ) In-house Approved Training Organisation.

In the pipeline

Several modules from the WSQ Community and Social Services Framework were identified for development and accreditation:

- Assist in the provision of a safe, hygienic and supportive environment.
- Pollow Workplace Safety and Health (WSH) procedures.
- 3 Organise and implement group activities and recreation programmes.
- 4 Support clients to meet their physical, emotional, psychosocial and cognitive needs.
- 5 Transfer clients with and without use of equipment.

With the accreditation, staff who complete a WSQ module will be issued with a WSQ Statement of Attainment that is highly recognised in the marketplace.

WSQ Certified Team

In the second quarter of 2017, St Luke's ElderCare saw the addition of three WSQ-certified staff. With the increase in in-house training capabilities, our total training hours increased by 170%.

3-Year Review of Internal Training Hours



A major factor behind the increase in training hours is the introduction of the New Hires' Onboarding Programme, aimed at providing a more holistic learning experience for new staff. Instead of a one-day corporate orientation, they attend a programme ranging from four to nine days, depending on their job role.

The training modules include: Core Orientation; Core Programme; Plan, Implement and Develop Activities; Model of Care; and Centre Standard Operating Procedures (SOPs). Existing staff can also sign up for these modules. For more on this programme, see page 42.



Internship @ SLEC

We are committed to developing future employees for the community care sector by offering internships to students from the Institute of Technical Education (ITE), polytechnics and universities to enable them to gain relevant and useful insights about aged care.

In 2017/18, we hosted 288 students at our centres and headquarters. With their fresh ideas and perspectives, these students not only learn from us, but also value-add in the delivery of care to the elderly. We offer supervised clinical attachments in Community-based Services, Counselling, Human Resources, Nursing, Operations and Social Work

We are also collaborating with ITE on its Work-Learn Technical Diploma in Rehabilitation, which is being offered to ITE graduates for the first time. The programme

allows trainees to work and study at the same time. Trainees will develop skills mastery through hands-on training and practice, grounded in deep knowledge of our operations, over this two-and-a-half-year programme.



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International Conferences & Learning Journeys

With the evolving aged care landscape in Singapore and all over the world, the philosophy of eldercare has evolved to encompass not just centre-based services, but community-based and home-based services to empower seniors to age in place.

In the journey of strengthening community care, St Luke's ElderCare has partnered extensively with international enterprises and partners to seek global best practices in

health and care models that could be adapted for St Luke's ElderCare. In recent years, key representatives from senior management, rehabilitation, medicine, nursing and centre management have attended international conferences such as the Ageing Asia Industry Conference, the Global Conference on Integrated Care and the International Association of Gerontology and Geriatrics World Congress (see table).

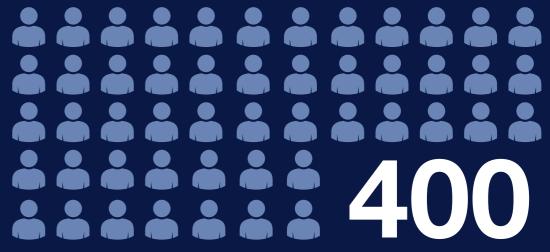
Conference	Start Date	End Date	Location	Organiser
Ageing Asia Industry Conference	15 May 2017	18 May 2017	Amsterdam, Netherlands	Ageing Asia
Spark of Life 3-Day Certified Practitioner Course	21 Jun 2017	23 Jun 2017	Perth, Australia	Dementia Foundation for Spark of Life
International Fund Raising Conference 2017	26 Jun 2017	28 Jun 2017	Bangkok, Thailand	Association of Fundraising Professionals
21st International Association of Gerontology and Geriatrics (IAGG) World Congress of Gerontology and Geriatrics	22 Jul 2017	27 Jul 2017	San Francisco, California, USA	International Association of Gerontology and Geriatrics
2nd International Cognitive Stimulation Therapy (CST) Conference	30 Nov 2017	2 Dec 2017	Hong Kong	Sau Po Centre on Ageing for HKU
Global Conference on Integrated Care 2018	1 Feb 2018	3 Feb 2018	Singapore	Agency for Integrated Care

OUR PEOPLE:

Volunteer Engagement

Volunteer Engagement Statistics

No. of active volunteers between 1 April 2017 and 31 March 2018:



*Active volunteers are those who have volunteered more than three times a year

No. of activities days organised by volunteers:



No. of volunteer hours:

13,104



Table A: List of International Conferences and Overseas Learning Journeys

Volunteer-led Activities

Festivities & Activities with PSA

Our ongoing partnership with PSA brought about many delightful sessions throughout the year. At the Ayer Rajah and Telok Blangah centres, our clients enjoyed handicraft, baking and music sessions, and outings planned by volunteers from PSA.



Cultural and Heritage Programme with National Heritage Board and Urban Sketchers

We collaborated with the National Heritage Board on an eight-session learning journey through Malay history, arts and culture.

Our clients from the Golden Years, Jurong East, Nee Soon East and Tampines centres

thoroughly enjoyed the experiential learning journey.

At the final session, volunteers from Urban Sketchers of Singapore guided our clients as they illustrated local landmarks.



Centre Visit by Google Serve

Our clients at the Clementi Centre enjoyed their time with volunteers from Google Serve, who put together a programme of morning exercise, followed by a handicraft session and a free haircut.



Garden Revitalisation by Selarang Halfway House

Volunteers from Selarang Halfway House visited our Tampines Centre to refresh the garden overseen by the centre. The revitalisation of the garden is designed to benefit our clients and the community.

Car Free Sunday with Cycling Without Age



We have an ongoing collaboration with Cycling Without Age to incorporate therapeutic rides as part of the programme at our centres.

Volunteers and our team participated in Car Free Sunday events led by volunteer pilots to provide elderly passengers with the opportunity to feel the wind in their hair.

Pet Therapy @ Tampines Centre



When Ms Nuraihan volunteered together with Eddie, a shelter dog, to provide pet therapy sessions at our centres, they did not quite know what to expect. The sessions turned out to be a resounding success, with our seniors enthusiastically touching, talking and just spending leisure time with Eddie. By the third session, the group of seniors had grown to ten, from the initial three. Seeing the success of pet therapy in a day-care setting was an encouragement to our staff and volunteers.

OUR PLACE:

New Senior Care Centres

St Luke's ElderCare was awarded another 6 centres in FY2017-2018 bringing the total number of senior care centres to 22.

Sited within Housing Development Board void decks, a polyclinic and a community centre, the senior care centres are integrated further into the heart of the community.

AMK Polyclinic Centre



Hougang Meadow Centre



Marine Parade Centre



Kebun Baru Centre



Rivervale Centre



Sumang Centre



Images shown are taken prior to clients' admission to the centre.

OUR PLACE:

Comprehensive Care Services

All our centres are Enhanced Dementia Day Care enabled, with staff that are well-equipped with the knowledge and skills to serve dementia clients.

OUR PROGRAMMES:

Art Programme

In 2016, St Luke's ElderCare launched an art programme as a platform for expression, with the aim of raising the dignity of our clients by encouraging them to continue to be socially active.

This gave birth to our first ever public art exhibition at The Arts House in March 2018 which saw approximately 800 visitors and brought our clients and family members closer together.























OUR PROGRAMMES:

Increased IT Capabilities

An internal training programme was put in place to equip staff with the necessary knowledge and skills in infocomm and technology to improve productivity.

Part of St Luke's **ElderCare's Information Technology strategy to** position the organisation for growth included:

- The IT Enterprise Architecture and Masterplan 2018 represented a bold move to achieve one digital record through maximum systems connectivity, information flow and integration. In the pipeline are a Volunteer Management System and a Learning and Performance Management System.
- The Office 365 Project, which aimed to improve staff accessibility and productivity by allowing them to work anytime and anywhere, was successfully implemented across the organisation in January 2018. As it is a cloud-based solution, it offers better security and is appropriate for the organisation, which has a growing number of centres islandwide.

All staff were quickly migrated to Office 365 as the one-stop solution for email, file sharing and other productivity tools. After the migration, staff experienced a generous increase in hard disk space to store their work. The system has also enabled better collaboration among staff. The outsourced IT Helpdesk model was piloted to provide faster response and support. This arm augments the capabilities of the current lean IT Team to support a growing number of end users and a large number of centres islandwide. Remote software and agents are also deployed to improve cybersecurity and allow quick monitoring and tackling of IT issues on the ground.

 Our Community Based Care IT System, which went 'live' and won the National Health IT Excellence Award in 2017 continues to function as the mainstream system for our centres, our home care and rehab operations. System enhancements are underway to further expand its coverage to our social workers and counsellors in 2018.

As more manual processes and forms are converted to electronic formats and more reports automated, staff will be able to achieve better tracking and provide timely intervention for clients. The system is also being constantly upgraded to move in tandem with and handle policy changes and scenarios driven by the Ministry of Health.



OUR PROGRAMMES:

Memorandums of Understandings

In the financial year, we inked 12 Memorandums of Understandings (MOUs) with various partners.

OUR PROGRAMMES:

Enhancement of Services

To be at the forefront as an eldercare service provider, we are involved in evidence-based research which primarily serves to provide guidance to build upon our existing services and improve efficiency and effectiveness.

In the past year, our team participated in a range of conferences, innovation projects and research papers:

Caregiver Support Project 1

This project, which focuses on caregiver support and evaluation, was started with more than 100 running cases.

Collaboration with the **Ministry of Health of Singapore and the Tsao Foundation.**

Caregiver Support Project 2

We were awarded SGD 250,000 by the Agency for Integrated Care to embark on a large-scale study to present the government with policy and service recommendations.

Collaboration with the Agency for Integrated Care, Duke-NUS Medical School, Geriatric Education and Research Institute, Harvard Kennedy School, National University of Singapore, Radboud Universitat, and Tan Tock Seng Hospital.

Fall Prediction Tracker Project

This project aims to reduce falls among seniors by monitoring their movements and predicting a possible fall before it happens.

Collaboration with Nokia.

Intergenerational Programmes

This project aims to incubate and contribute course materials to universities.

Collaboration with Air Amber, National University of Singapore and UCLA.

Lean Infrastructure Project

This project aims to resolve Serangoon Centre's operational constraints by applying lean concepts to infrastructure redesign and expansion, through a cross-study of Serangoon, Hougang and Tampines centres.

Collaboration with Singapore University of Social Sciences.

Home Care Process Innovation

This research project aims to raise productivity by 100% and reduce time-to-treatment by 50%.

Collaboration with **Nanyang Technological University.**

Therapeutic Arts Project

This project aims to develop a three-year step-up plan and to bring partners on board.

Collaboration with LASALLE College of the Arts and National Museum of Singapore.

Quality Improvement Programmes

Various internal quality improvement programmes have been developed, among them a 'rehab dashboard' with cluster leads for the Agency for Integrated Care; a project on raising the utilisation rates of a rehabilitation centre; and an Esther* presentation with therapists and interns for SingHealth.

* 'Esther' is a symbolic elderly patient with complex needs, and the Esther model is a person-centred approach to care.

13th Singapore Public Health and Occupational Medicine Conference

Staff from St Luke's ElderCare shared their experience through the following presentations:

Ageing-in-place: Practices and challenges with a silver workforce in community care.

Identifying job satisfaction factors of community-based therapists in Singapore.

Thinking ahead, again, and across for process innovation in home care. (Collaboration with Nanyang Technological University).

Wellness villages: Upstream service integration for geriatric frailty.

Esther Network on Health and Social Care

Integrated care delivery between hospitals, homes, and centres.

New Hires' Onboarding Programme

With the rapid growth of new staff at St Luke's ElderCare, the programme for new employees has been enhanced from a one-day orientation to a robust two-week training programme.

Under the New Hires' Onboarding Programme, new staff are acquainted with the structure, core business, policies, procedures and core values of St Luke's ElderCare.

Two core training modules – the Core Programme and the Plan, Implement and Develop Activities elective – serve as a springboard for new staff to quickly learn the basic skills in providing quality and safe care at the centres.

The first New Hires' Onboarding Programme kicked off in May 2017 with eight new staff. Four more runs were conducted in 2017 and 80 staff have completed the training.

Inaugural Singapore Social Work Practice Research Conference

Staff from St Luke's ElderCare shared their experience through the following presentations:

Dementia caregiving in the community: Understanding the high burden profile.

Dementia caregiving in the community: Competitive –collaborative service provision. Global Conference on Integrated Care 2018. Staff from St Luke's ElderCare shared their experience through the following presentations: Ageing-in-place: A review of home care (HC) services at St Luke's ElderCare.

Ageing-in-place: Effectiveness of a community health centre (CHC) co-located with a senior care facility.

Ageing-in-place: Therapeutic arts to improve engagement and social benefits for the elderly. (Collaboration with LASALLE College of the Arts).

Caregiver burden in community care: A collaborative approach to caregiver support programmes (CSP).

Caregiver burden in community care: Anomalies in dementia for health-related quality of life (HRQoL).

Caregiver burden in community care:
Prevalence and severity of burden amongst elderly receiving day care services.
(Collaboration with Geriatric Education Research Institute).

Counselling and pastoral care in community care: A 'bottom-up' intervention.

Improving service utilisation at a day rehabilitation centre (DRC) in Hougang.

Intergenerational programmes in community care: 'Live-a-legacy'.

(Oral presentation; collaboration with **Air Amber**).

Lean services delivery: Applying path process chart technique: A day rehabilitation centre (DRC) in Tampines.

(Collaboration with Singapore University of Social Sciences).

Lean services delivery in community care using an integrated approach to space and process redesign: A senior care centre (SCC) and day rehabilitation centre (DRC) in Serangoon.

(Collaboration with **Singapore University of Social Sciences**).

Service and space integration in community care: 'Cycling Without Age'. (Collaboration with Cycling Without Age).

The Nao Humanoid: Innovation and product development for ageing-in-place. (Collaboration with Singapore Institute of Technology).



9 Apr 2017 Dementia Awareness Day @ Bukit Batok



14 Jul 2017 Dymon Asia -St Luke's Appeal Luncheon 2017



7 Oct 2017



9 Sep 2017 Community Health Centre Open House @ Nee Soon Central



13 Nov 2017

Work-Learn Technical Diploma Signing Ceremony @ ITE College West



4 Sep 2017 WeCare Art Exhibition

26 Oct 2017 Intergenerational Games





23 Oct 2017 Thanksgiving and Dedication @ Keat Hong



23 Nov 2017 Ageing and the Role of Corporate Social Responsibility - Mini Symposium



City Sightseeing on the Hippo Bus



Walk With Me: Our Journey of Remembering -Dementia Forum @ Nee Soon

8 Nov 2017 Partners and Volunteers Appreciation Dinner 2017



26 Nov 2017 Sharing @ Church of Singapore, Marine Parade



15 Dec 2017 Christmas Carnival @ Bukit Timah

21 Mar 2018

@ The Arts House

Our Art Journey: Art Exhibition



26 Nov 2017 World Pneumonia Day @ Bukit Batok Central

11 Jan 2018

Presbyterian Church

MOU Signing with Bukit Batok



24 Feb 2018 Donor's Luncheon @ Ayer Rajah Centre



25 Jan 2018 Launch of Caregiving @ South West Initiative



EVOLVING WITH THE COMMUNITY

- Community Events

COMMUNITY PARTNERS

40th Battalion, Singapore Armoured Regiment

Anglo-Chinese Junior College

Air Amber

All Saints Home

Anglo-Chinese School (Independent)

Baker Tilly (Accounting Firm)

Bendemeer Secondary School

Catholic Junior College

Central Singapore Community Development

Council

Chinese Development Assistance Council

Commonwealth Secondary School

Community Chest

Community Foundation of Singapore

Fajar Secondary School

Faith Music

Fei Yue Family Service Centre

Gems Academy

Heartware Network

Infocomm Media Development Authority

Khoo Teck Puat Hospital (Alexandra Health)

Lions Befrienders Singapore

Ministry of Education

Nanyang Technological University

National Arts Council

National Heritage Board

National Volunteer & Philanthropy Centre

(NVPC)

North East Community Development Council

North West Community Development Council

Paya Lebar Methodist Girls' Secondary

School

People's Association

PPH Community Services Centre

PSA Singapore

Ren Ci

RSVP - The Organisation of Senior Volunteers

Science Centre Singapore

Selarang Halfway House

Singapore Association for Mental Health

South West Community Development

Council

TOUCH Community Services

Tsao Foundation

YMCA

and many more...

CENTRE ADVISORY COMMITTEES

Bukit Batok Centre

Bukit Batok Presbyterian Church

Rev Dr CH Chang Mr Ong Pak Shoon

Providence Presbyterian Church

Rev Dr Chong Soo Fah

Elder Khng

Changkat Centre

Living Hope Methodist Church

Mr Loh Buck Hwa Mr Yeo Pee Hock Ms Celina Heng Ms Veron Han

Sion Presbyterian Church

Rev Poh Siong Hoon Pastor Goh Shu Siana Ms Pek Siew Lan Ms Janice Lay Hong

Chong Pang Centre

Yishun Christian Church (Lutheran)

Pastor David Ng Rev Soh Guan Kheng Pastor Chong Fu Kiong

Clementi Centre

Mt Carmel Bible Presbyterian Church Dr Lim Siew Eng Mr Chia Hong Kuan

The Bible Church Dr Tor Yam Khoon Pastor Frederick Ang Pastor Freddie Ong

Golden Years Centre

Wesley Methodist Church Mr Sonny Chuah

Mr Foo Chee Min Mr Alvin Chua

Golden Years Fellowship

Mr Bob Toh Mrs Lucy Foo Mrs Betty Chai

Hougang Centre

Church of Singapore Ms Ng Sock Kian

Mr Koh Him Leong

Tung Ling Community Services (Church of Singapore) Mr Roger Neo

Jurong East Centre

Hebron Bible-Presbyterian Church Elder David Tan Mr Chua Peng Boon

Keat Hong Centre

Bukit Panjang Gospel Chapel

Elder Lee Hok Chew Mr Chua Mun Kiona Pastor Kelvin Low Pastor John Lim

Marine Parade Centre

Tung Ling Community Services (Church of Singapore)

Mr Foong Daw Ching Mr Roger Neo

Rivervale Centre

Gospel Light Christian Centre

Pastor Jason Lim Pastor Robert Wong Mr Trevor Tan

Pastor Muk Kin Son Mr Clinton Galistan

Serangoon Centre

Bless Community Services (Yio Chu Kang Chapel)

Mr Samuel Lin Mr Vincent Lim

Tampines Centre

Tung Ling Community Services (Church of Singapore)

Mr Foong Daw Ching Mr Chao Tian Kona Mr John Koo

Sion Presbyterian Church

Mr Napolean Koh

Tampines Changkat CCC Ms Phyllis Tng, BBM Mr Tan Hai Yang, PBM

Mr Tay Yew Hock, PBM

Telok Blangah Centre

Telok Ayer Chinese Methodist Church

Rev Chua Ooi Suah Rev Seet Keng Tat Mr Ho Ann Chuan Mr Peter Chan

Dr Ng Wee Kong Mr Edmund Tan Mr Lim Hong Khiam

Whampoa Centre

Barker Road Methodist Church Pastor Dennis Yew

Ms Esther Tan Ms Melanie Teo IPC Number IPC000155

IPC Status

01 February 2018 to 31 January 2020

Charity Registration Number 01484

Charity Registration Date 05 January 2001

ROS / RCB Registration UEN 199904873Z

Constitution

Public Company Limited by Guarantee

Registered Address

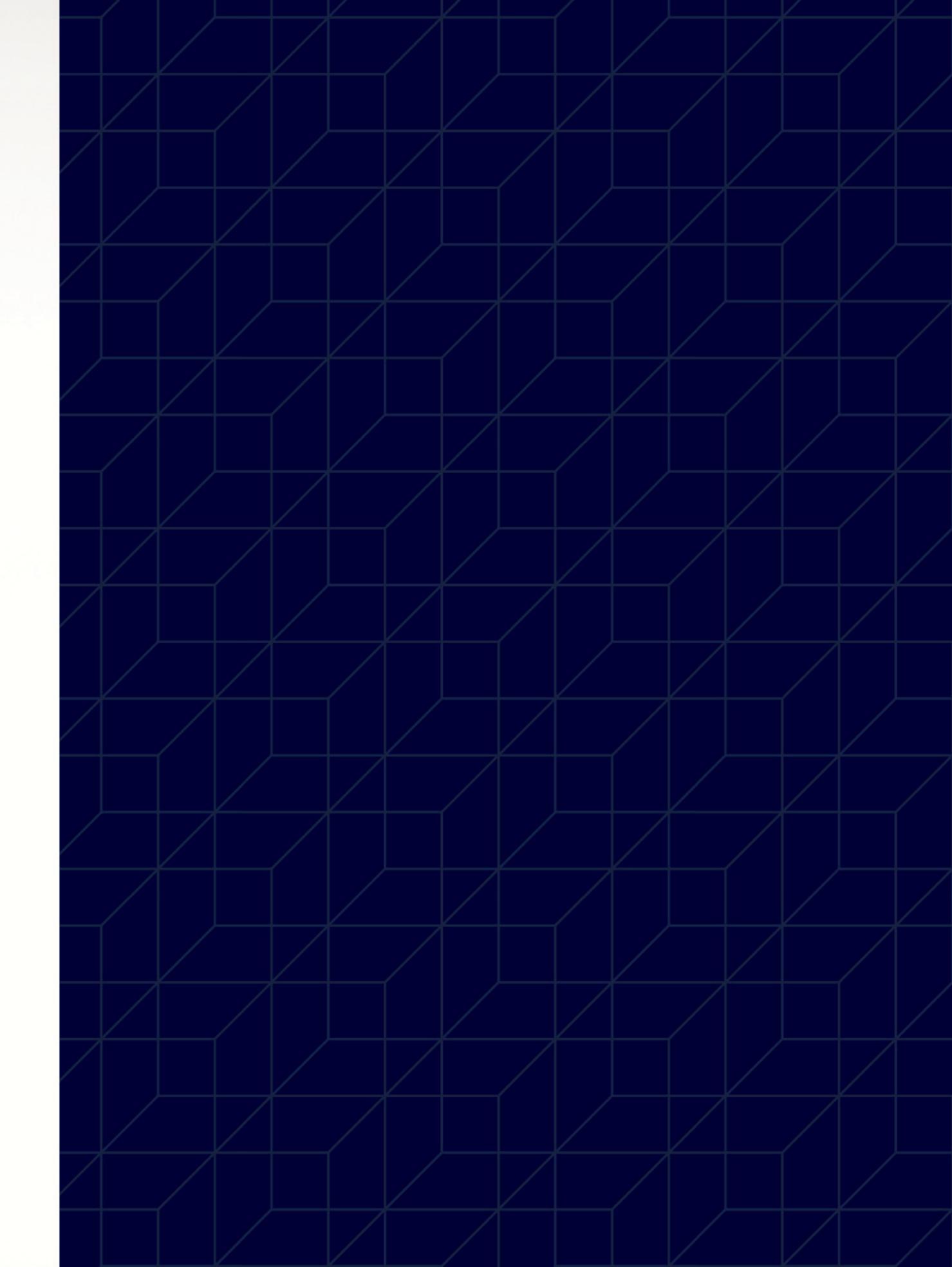
50 Kallang Pudding Road, #07-02, Singapore 349326

Auditor

Moore Stephens LLP

St Luke's ElderCare is in compliance with the Code of Governance for Charities and IPCs.

Its Governance Evaluation Checklist can be viewed at the Charity Portal.



St Luke's ElderCare

50 Kallang Pudding Road, #07-02 Golden Wheel Industrial Building Singapore 349326