About Us

Within the St Luke's eco-system, St Luke's ElderCare (SLEC) is placed in the continuum of care for the elderly between the community hospitals and homes.

We currently operate 22 eldercare centres islandwide. This number continues to grow as SLEC seeks to match the growing needs of the senior community by welcoming another senior care centre, and a nursing home by 2020.

SLEC's integrated care is delivered through centre-based services, home-based services and community-based services which covers care services such as maintenance day care, dementia day care, home dietetics, home medical, and weekend respite.

The purpose is to actively engage our seniors in physical and mental activities to prepare them for successful ageing, maintain the functional levels of the elderly who have suffered physical disabilities as a result of stroke, fall or accidents, as well to provide care for the frail and lonely who have no one at home to look after them during working hours.

- slec.org.sg
- **f** StLukesElderCare
- Slec.org.sg/giving

Home Medical

For frail and home-bound elders who are unable to utilize the services at the centres. A service that supports caregivers and less ambulant seniors.

Services offered include:

- Comprehensive Care Assessment
- Prescription of Acute and Chronic Medication
- Coordination of care between healthcare and social care providers



Home Nursing

For frail and home-bound elders who are unable to utilize the services at the centres. A service that supports caregivers and less ambulant seniors.

Services offered include:

- Comprehensive Care Assessment
- Medicine Reconciliation and Packing
- Nursing Procedures (eg. Urinary catheterisation, wound management, change of nasogastric tubes)

Home Personal Care

Providing personal care to an elder with conditions like dementia in the comfort of their home.

Provides personal care such as:

- Assistance in Activities of Daily Activities (eg. Tolieting, dressing, eating, etc)
- Exercise prescribed by a qualified therapist
- Elder-sitting and Engagement in Cognitive Stimulating Activities



Home Therapy

Providing rehabilitation at your home to aid in the recovery of your functional abilities and improve mobility.

The services include:

- Home-Based Exercise Training
- Home Environment Assessment
- Home Physical Rehabilitation

Service Availability

Operating Hours:

- Monday Friday, 8.30 am to 6 pm
- Strictly by appointment only

Charges:

- Home Medical: \$45 \$190
- Home Nursing: \$20 \$80
- Home Personal Care: \$3 23 / hr
- Home Therapy: \$30 \$142

Notes:

- Fees vary according to services rendered and are subjected to Government's subsidy
- Fees for service rendered out of operational hours may differ
- For NGT and urine catheter changes after office hours, our team is available from:
 - Monday Friday, 6 pm 10 pm
- Weekends and Public Holidays, 8.30 am 10pm

Additional Resources:

- Aside from the list of services stated, we provide a full suite of home-based services.
- To find out more, please do not hesitate to reach us at 6390 9363. Alternatively, you may email your enquiries to us at: homecareadmin@slec.org.sg

Contact Us

St Luke's ElderCare HQ T 6390 9368 E hq@slec.org.sg 50 Kallang Pudding Road, #07-02, Singapore 349326

AMK Polyclinic Centre 21 Ang Mo Kio Central 2 T 6258 7045

Ayer Rajah Centre 150A Pandan Gardens T 6262 1501

Bukit Batok Centre Blk 168 Bukit Batok West Ave 8 T 6266 6615

Bukit Timah Centre Blk 310 Clementi Ave 4 T 6873 1772

Changkat Centre Blk 350 Tampines St 33 T 6789 9956

Chong Pang Centre Blk 113 Yishun Ring Road T 6481 5708

Clementi Centre Blk 602 Clementi West St 1 T 6872 2210

Golden Years Centre Blk 831 Hougang Central T 6386 2273

Hougang Centre Blk 126 Hougang Ave 1 T 6382 2366

Hougang Meadow Centre Blk 364 Upper Serangoon Road T 6284 1281

Jurong East Centre Blk 327 Jurong East St 31 T 6569 0415 Keat Hong Centre Blk 801 Keat Hong Close T 6891 0370

Kebun Baru Centre 216 Ang Mo Kio Ave 4 T 6256 6650

Marine Parade Centre Blk 86 Marine Parade Central T 6284 1089

Nee Soon Central Centre Blk 766 Yishun Ave 3 T 6759 9053

Nee Soon East Centre Blk 260 Yishun St 22 T 6481 5903

Rivervale Centre Blk 164 Rivervale Crescent T 6282 9028

Serangoon Centre Blk 217 Serangoon Ave 4 T 6285 6004

Sumang Centre Blk 222 Sumang Lane T 6244 8031

Tampines Centre Blk 101 Tampines St 11 T 6786 7688

Telok Blangah Centre Blk 33 Telok Blangah Way T 6273 3466

Whampoa Centre Blk 97 Whampoa Drive T 6252 9661



HOME-BASED SERVICES

Designed to offer medical, nursing, therapy and personal care services for frail and home-bound elders within the comfort of your home.



Let us help.