

## Our locations

### Residence@AMK

2 Ang Mo Kio St 23  
S(569341)  
Tel: 6249 2525

### AMK Centre

2 Ang Mo Kio St 23  
S(569341)  
Tel: 6249 2527

### AMK Polyclinic Centre

21 Ang Mo Kio Central 2  
#02-00, S(569666)  
Tel: 6258 7045

### Ayer Rajah Centre

150A Pandan Gardens  
#01-01, S(609342)  
Tel: 6262 1501

### Bukit Batok Centre

Blk 168 Bukit Batok West Ave 8  
#01-208, S(650168)  
Tel: 6266 6615

### Bukit Timah Centre

Blk 310 Clementi Ave 4  
#01-263, S(120310)  
Tel: 6873 1772

### Changkat Centre

Blk 350 Tampines St 33  
#01-438, S(520350)  
Tel: 6789 9956

### Chong Pang Centre

Blk 113 Yishun Ring Rd  
#01-457, S(760113)  
Tel: 6481 5708

### Clementi Centre

Blk 602 Clementi West St 1  
#01-25, S(120602)  
Tel: 6872 2210

### Golden Years Centre

Blk 831 Hougang Central  
#01-502, S(530831)  
Tel: 6386 2273

### Hougang Centre

Blk 126 Hougang Ave 1  
#01-1506, S(530126)  
Tel: 6382 2366

### Hougang Meadow Centre

Blk 364 Upper Serangoon Rd  
#01-02, S(530364)  
Tel: 6284 1281

### Jurong East Centre

Blk 327 Jurong East St 31  
#01-174, S(600327)  
Tel: 6569 0415

### Keat Hong Centre

Blk 801 Keat Hong Close  
#01-02, S(680801)  
Tel: 6891 0370

### Kebun Baru Centre

216 Ang Mo Kio Ave 4  
#04-01, S(569897)  
Tel: 6256 6650

### Marine Parade Centre

Blk 86 Marine Parade Central  
#01-670, S(440086)  
Tel: 6284 1089

### Nee Soon Central Centre

Blk 766 Yishun Ave 3  
#01-295, S(760766)  
Tel: 6759 9053

### Nee Soon East Centre

Blk 260 Yishun St 22  
#01-87, S(760260)  
Tel: 6481 5903

### Rivervale Centre

Blk 164 Rivervale Crescent  
#01-01, S(540164)  
Tel: 6282 9028

### Serangoon Centre

Blk 217 Serangoon Ave 4  
#01-166, S(550217)  
Tel: 6285 6004

### Sumang Centre

Blk 222 Sumang Lane  
#01-01, S(820222)  
Tel: 6244 8031

### Tampines Centre

Blk 101 Tampines St 11  
#01-13, S(521101)  
Tel: 6786 7688

### Telok Blangah Centre

Blk 33 Telok Blangah Way  
#01-1038, S(090033)  
Tel: 6273 3466

### Whampoa Centre

Blk 97 Whampoa Drive  
#01-222, S(320097)  
Tel: 6252 9961

St Luke's  
ELDERCARE



☎ 6390 9368

✉ [hq@slec.org.sg](mailto:hq@slec.org.sg)

🌐 [slec.org.sg](http://slec.org.sg)

📌 [StLukesElderCare](#)

Your Trusted  
Eldercare Service Provider

A quick overview on the services available at St Luke's ElderCare





## Day Rehabilitation

Day Rehabilitation aims to maintain, restore or maximise functional ability and delay deterioration due to disease and ageing. This is helpful for conditions such as:

- ♥ Post-operations (e.g. total knee replacement)
- ♥ Stroke & Poor Balance
- ♥ Parkinson's Disease
- ♥ Functional Decline
- ♥ Spinal Cord Injury



## Maintenance Day Care

A fun-filled programme which aims to stimulate the physical, psychological and social well being from Mondays to Fridays. Activities include:

- ♥ Supervised Maintenance Exercises
- ♥ Voluntary Service Engagements
- ♥ Diversional Group Activities
- ♥ Community Participation



## Residential-based Services

Offers long-term care for those who cannot be cared for at home or in their community. This includes providing assistance to those who need help in most of their activities of daily living (ADL) and/or have daily nursing care needs.

Services offered include:

- ♥ Help with ADLs (e.g. showering)
- ♥ Physical and social activities (e.g. maintenance exercises)
- ♥ Nursing care (e.g. management of nasogastric tube, wound dressing etc)
- ♥ Dementia care



## Dementia Day Care

Dementia Day Care aims to slow down the physical and mental deterioration of persons with dementia. The programme assists in their daily activities of living and stimulates their cognitive ability by offering:

- ♥ Cognitive Games & Activities
- ♥ Reality Orientation
- ♥ Discussions

## Weekend Respite Care

As a caregiver, it is important for you to find time to care for yourself. Whether it is to go for a medical appointment, run an errand or to take a short break during the weekends, you may consider our Weekend Respite Care Services available at Marine Parade, Keat Hong, Nee Soon Central and Sumang Centre.

Who can benefit:

- ♥ Families or caregiver who need relief from caregiving duties



## Home-based Services

Offered to cater to less ambulant elders, caregivers can make appointments with our medical team to visit their loved ones in the comfort of their home.

Services offered include:

- ♥ Home Medical & Home Nursing
- ♥ Home Personal Care
- ♥ Home Dietetics
- ♥ Home Therapy

## Transportation

With our transport vans, it adds convenience for our clients.

Transportation is based on an appointment basis.



## Centre-based Nursing

Offered to enable caregivers to allocate time for appointments, Centre-based Nursing eliminates the need of having to travel to and fro.

Services offered include:

- ♥ Wound Management & Dressing
- ♥ Medication Administration
- ♥ Education & Counselling
- ♥ Tube Care

