

This course enables Learners to use the MBI (Modified Barthel Index) to evaluate a Patient's level of dependence in performing functional activities. It provides an overview of what MBI measures, how to conduct the assessment accurately, and how to analyse the results. Competency checks are embedded in the training.

Course Objectives

At the end of the training, participants will be able to:

- Understand MBI as a measure of performing activities of daily living
- Describe MBI in its 10 domains of functional activities
- Interpret MBI in terms of the Client's degree of independence
- Appreciate the impact of conducting outcome measure in a valid and reliable way
- Perform MBI assessment by observation and appropriate

Training Methodology

Lecture, group activities and discussions, role-plays, and demonstration.

Course Outline (0.5 day)

Morning

- Appreciate the impact of conducting outcome measure in a valid and reliable way
- Understand MBI as a measure of performing activities of daily living
- Describe MBI in its 10 domains of functional activities
- Perform MBI assessment by observation and appropriate questioning – part 1
- Interpret MBI in terms of the Client's degree of independence
- Compute MBI score accurately
- Perform MBI assessment by observation and appropriate questioning – part 2
- Competency Assessment

Venue

📍 Check class schedule for venue details.

Enquiries

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Target Audience

Support Care Staff

Course Time

9am to 1pm

Course Fee: \$74.90 (Including GST). Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

Trainers' Profile

Ms Karen Koh is a Senior Physiotherapist in St Luke's ElderCare.

Karen graduated with a Bachelor of Health Science (Physiotherapy) from University of Sydney. She also has a Diploma in Adult and Continuing Education (DACE). She has more than 20 years of working experience as physiotherapist.

Mr Atienza Sedfrey Del Moro (Tom) is a Senior Physiotherapist in St Luke's ElderCare.

Tom graduated with a Bachelor of Science in Physical Therapy (Philippines) in 2005. He has more than 10 years of working experiences as a practicing physiotherapist in ILTC sector in Singapore. His areas of interest include neurorehabilitation (Stroke & PD) and geriatric rehabilitation.



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