

A touch of His

St Luke's
ELDERCARE

Grace™

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IMPACTING LIVES

In 2017, 68 years old Mr Goh Yau Chong retired from his full time job as a taxi driver. Half a year after his retirement, he was referred to St Luke's ElderCare (SLEC) for day care and day rehabilitation due to a bad fall.

The fall occurred when he was alone at home while his loved ones were at work. After the fall, he began attending the centre (SLEC Telok Blangah Centre) regularly as it provides relief and assurance to his loved ones.

Mr Goh was initially withdrawn when he was admitted to the centre, however, he began opening up after the staff from SLEC and volunteers from Telok Ayer Chinese Methodist Church (TACMC) engaged him.

Through the constant engagement, he decided to be baptized during a Christmas event at TACMC in 2018 with the support of his family. He would ask for healing to relieve the pain he experiences from time to time and also for blessings for his family.

Today, he attends church regularly with the assistance of a kind volunteer who would pick him from his home on the way to church.

Volunteers from churches can create a deep impact in the lives of our elders. We ask that you join us as we pray for Mr Goh and our elders in the community. To find out more about our care services and how you can help, visit www.slec.org.sg today.



COMMUNITY GIVING

With your generous support, we managed to raise \$275,000* from this year's St Luke's Hongbao Donation Drive.

Your support will enable us to better serve the community. As we look forward to the opening of our first nursing home in 2020, we hope to continue building upon our partnership to extend our care to more elders in the community.

We thank God for His provisions, guidance and avenues which he has availed to us. In addition to His blessings, we appeal for your support to help share about our work with your congregation. We would be pleased to share at your premises to better equip your immediate community with essential skills and knowledge to care for our elders.

You may contact us at hq@slec.org.sg to find out more.

*Figure is accurate as at 24 April 2019.

Church Participants

Bedok Lutheran Church
Church of Singapore
Living Hope Methodist Church
Mount Carmel Bible-Presbyterian Church
The Bible Church
Yio Chu Kang Chapel
Bethesda Katong Church
Orchard Road Presbyterian Church
St James Church

Church-affiliated Kindergartens

Bedok Lutheran Church Kindergarten
Bethesda Chapel Kindergarten
Bethesda Kindergarten (Bukit Arang)
Faith Kindergarten
Galilee Kindergarten
Hope Community Kindergarten (Choa Chu Kang)
Living Sanctuary Kindergarten
Lutheran Childcare Centre (Tampines)
Paya Lebar Methodist Church Covenant Kindergarten
Sengkang Methodist Children Centre
TPBC Kindergarten
Tung Ling Kindergarten

IMPACTING THE COMMUNITY

As part of a community outreach to needy elders, we collaborated with Zion Gospel Mission Church to bring health talks and education to them.

Topics included why it is important to prevent falls, benefits of muscle strengthening exercises, and understanding dementia. It was also an opportunity for us to

conduct a cognitive screening test for participants who were keen.

We are grateful for all the church members and volunteers who assisted to ensure the elders' safety to and from their homes. We look forward to more of such outreach programmes.



FESTIVE CELEBRATIONS

More than 200 elders were engaged during visits by Bukit Batok Presbyterian Church, Pasir Panjang Hill Brethren Church, Providence Presbyterian Church, Tung Ling Community Services (Church of Singapore) and Wesley Methodist Church.

Our elders were delighted as the church volunteers joined them in celebrating the Lunar New Year with uplifting songs and activities. We are also thankful that more than 5 elders came to know the Lord.

More elders also began to actively participate during the regular visits. We are pleased and thankful that our elders and care staff's lives are deeply enriched after each session.

Additionally, during Hari Raya, we collaborated with Bukit Batok Presbyterian Church to organize an outing for our elders to bask in the festive season. Our elders were empowered to share their life experiences and many spoke of how they used to celebrate festivities back in the day.

The outing also provided our volunteers and elders many opportunities to interact and learn more about each other over lunch.

As a part of the community, we are constantly looking for partners in the faith to minister to our elders. If you wish to find out how you can play a part, kindly contact us at hq@slec.org.sg



PARTNER'S SPOTLIGHT

Ministering to the community can come in many forms. We are truly appreciative of Living Hope Methodist Church and Sion Presbyterian Church's dedication since 2015 and 2017 respectively.

Dropping by every week to befriend our elders, volunteers from both churches constantly go the extra mile to provide encouragement by inviting them to sing and dance along during each session.

Our staff also enjoy the activities as they bring an abundance of joy and laughter to our elders each time. Thank you to each member of Living Hope Methodist Church and Sion Presbyterian Church!



A HEART TO SERVE

Volunteers take on an integral role in the community. Unsure how you can begin? Fret not!

Training is available for all our volunteers. The trainings are conducted in 2 varying levels to equip volunteers with basic skills which will allow them to better communicate with elders, how to perform bed transfers and so on.

Aside from equipping yourselves with better communication skills, the level 1 training is also designed to provide knowledge to better understand ageing and the range of mobility aides.

Level 2 training is designed to provide volunteers with the skills and knowledge on how to safely assist to move and transfer elders, how to communicate with empathy, and how to plan elder-friendly activities.

Your skills and interests (e.g. handicraft, balloon sculpting, photography etc.) can bring a smile to our elders. Find out more about volunteering via volunteer@slec.org.sg

LET US CONTINUE TO *pray for*



God's protection to be upon the elderly and staff members in their daily routine.



Staff members to be filled with wisdom, strength and love as they care for the elders at the centres and within their homes.



More churches to come onboard with St Luke's ElderCare to render spiritual and financial support.