

This course equips learners with the basic knowledge and skills to perform, compute and interpret Modified Barthel Index (MBI) and Functional Assessment Staging Tools (FAST). Learners will understand the purpose of conducting MBI and FAST and its relation to functioning abilities. Discussion on the importance and impact of conducting outcome measure in a valid and reliable manner will be done.

Course Objectives

At the end of the course, participants will be able to:

- Understand MBI as a measure of performing activities of daily living and FAST as a measurement of the progression of Dementia
- Describe MBI in its 10 domains of functional activities, describe the 7 domains of functional ability
- Describe the different stages and sub-stages of FAST
- Interpret MBI in terms of the Client’s degree of independence
- Interpret FAST scoring in relation to the different stages of Dementia
- Perform MBI and FAST assessment by observation and appropriate questioning
- Understand the importance and impact of conducting outcome measure in a valid and reliable manner
- Compute MBI and FAST score accurately

Training Methodology

Lecture, group activities and discussions, role-plays, and demonstration.

Competency assessment at end of training.

Target Audience

Support Care Staff

Course Time

9am to 6pm

Course Fee: \$172.80 (Including GST). Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

Trainers’ Profile

Mr Atienza Sedfrey Del Moro (Tom) is a Senior Physiotherapist in St Luke’s ElderCare.

Tom graduated with a Bachelor of Science in Physical Therapy (Philippines) in 2005. He has more than 10 years of working experiences as a practicing physiotherapist in ILTC sector in Singapore. His areas of interest include neurorehabilitation (Stroke & PD) and geriatric rehabilitation.

Course Outline (1 day)

- Appreciate the impact of conducting outcome measure in a valid and reliable way
- Understand MBI as a measure of performing activities of daily living
- Describe MBI in its 10 domains of functional activities
- Interpret MBI in terms of the Client’s degree of independence
- Compute MBI score accurately
- Appreciate the impact of conducting outcome measure in a valid and reliable way
- Understand FAST as a measurement of the progression of Dementia
- Describe the different stages and sub-stages of FAST

Venue

📍 Check class schedule for venue details.

Enquiries

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