



Providing an Ecosystem of Care

Services by St Luke's ElderCare

How We Can Help

A provider of choice for elder communities across the island, St Luke's ElderCare (SLEC) has a depth of experience in understanding the diverse needs of those whom we serve. Through our integrated centre-based, community-based, home-based, and residential-based services, we empower our elders to age gracefully, and lead active and fulfilling lives.



“ Seeing our clients improve not just physically but emotionally and socially makes me want to do my best for them.

Mark Padillo
Senior Physiotherapist

If You Need...

Nursing Services Near Home

If you or your loved ones struggle with mobility issues, we understand that some medical appointments may be difficult to get to.

Our **Centre-based Nursing Services** bring your appointments closer to you, saving you the hassle of having to travel back and forth.



A Stimulating Day

As we age, getting out of the house and participating in group activities becomes increasingly important.

Designed to improve your mental and physical well-being, our **Maintenance Day Care** offers supervised exercises and community participation to keep your mind engaged and body active.



To Thrive Despite Dementia

It is never easy when your loved ones suffer from dementia, but our **Dementia Day Care** will help them cope with the stress of the disease.

This well-rounded programme includes reality orientation, cognitive games and training to improve the brain's ability within a supportive and safe environment.



To Strengthen and Restore

To support your loved ones in maintaining well-being in the face of an illness, check out our **Day Rehabilitation Services**.

Alongside a personalised care plan, we use advanced robotics technology to support your recovery and work towards restoring and maximising your functional ability.



A Social Day Out

Enhance your quality of life by building bonds and forming friendships with your peers at our **Active Ageing Centres!**

From craft workshops to buddy programmes and health talks, our **Community-based Services** provide holistic care for both body and mind, empowering you to live a fulfilling life.



Specialised Care at Home

If your loved ones prefer receiving care in the comfort of home, or if you are unable to access our services on-site, let our **Home-based Services** help.

Whether you need dietetic, medical, nursing, personal care or therapy support, our medical team will bring expert care right into your home.





A Home Away from Home

When your loved ones can no longer be adequately cared for at home, let **St Luke's ElderCare Residence@Ang Mo Kio** assist.

Offering personalised spaces and services such as daily living assistance and specialised dementia care, our 12-ward, 189-bed care facility provides a safe and nurturing care environment.

A Moment to Yourself

As caregivers ourselves, we understand the stress that caring for others brings.

Whenever you require some time off from your caregiving duties to rest and recharge, our **Weekend Respite Service** will allow you to leave your loved ones under our care.



Upskilling and Training

Regular upskilling and training go a long way in providing the best level of care possible.

With courses in Dementia Care & Spirituality, Palliative Care, Rehabilitative Care and Wound Care, our **SLEC CommCare Academy** will equip you with the skills and knowledge to be a compassionate and competent caregiver.



The SLEC Difference

At SLEC, our people and our operations are guided by the **GRACE Philosophy of Care**. These principles represent our profound commitment to providing compassion, respect and holistic care to the individuals that we serve and their families and loved ones.

♥ Graceful Living

Providing care that equips our elders to embrace their golden years with an attitude of confidence, and to enable them to live full and vital lives

♥ Respect

Acknowledging our elders' perspectives, values, beliefs and preferences, seeing them as unique individuals and putting them at the centre of our care

♥ Autonomy

Encouraging our elders to be active partners in their care by taking ownership of their lives and making decisions for themselves in the areas of care and daily living

♥ Choice

Promoting active involvement by providing our elders with the opportunities and freedom to explore and choose between options and possibilities

♥ Empowerment

Creating an enabling environment that encourages our elders to be engaged within their capacity, and to remain as independent as possible





“ When we treat our elders like family, going that extra mile comes naturally. We will always be looking for ways to help them and to make their day.

Jayne Long
Community Care Associate

The SLEC Story

St Luke's ElderCare is a Christian healthcare provider dedicated to delivering exceptional social and clinical care for the elderly in our community.

Our services include centre-based offerings such as dementia day care, community nursing and rehabilitation; community-based programmes that promote active ageing and wellness; home-based services covering medical, nursing and therapy needs; and residential services for long-term care.

With Senior Care and Rehabilitation Centres, Active Ageing Hubs, Active Ageing Centres (Care) and a Residence (nursing home) islandwide, we proudly serve communities of all ethnicities and religion across the island.

How to Engage Us

If you would like to engage our services, a referral letter from a hospital, general practitioner, polyclinic or elderly services is needed prior to admission.

Should you have any questions or queries, please do not hesitate to contact us at **www.slec.org.sg/contact-us/service-enquiries**.



For our full list of locations,
please scan the QR code or visit
www.slec.org.sg/contact-us/locate-us.