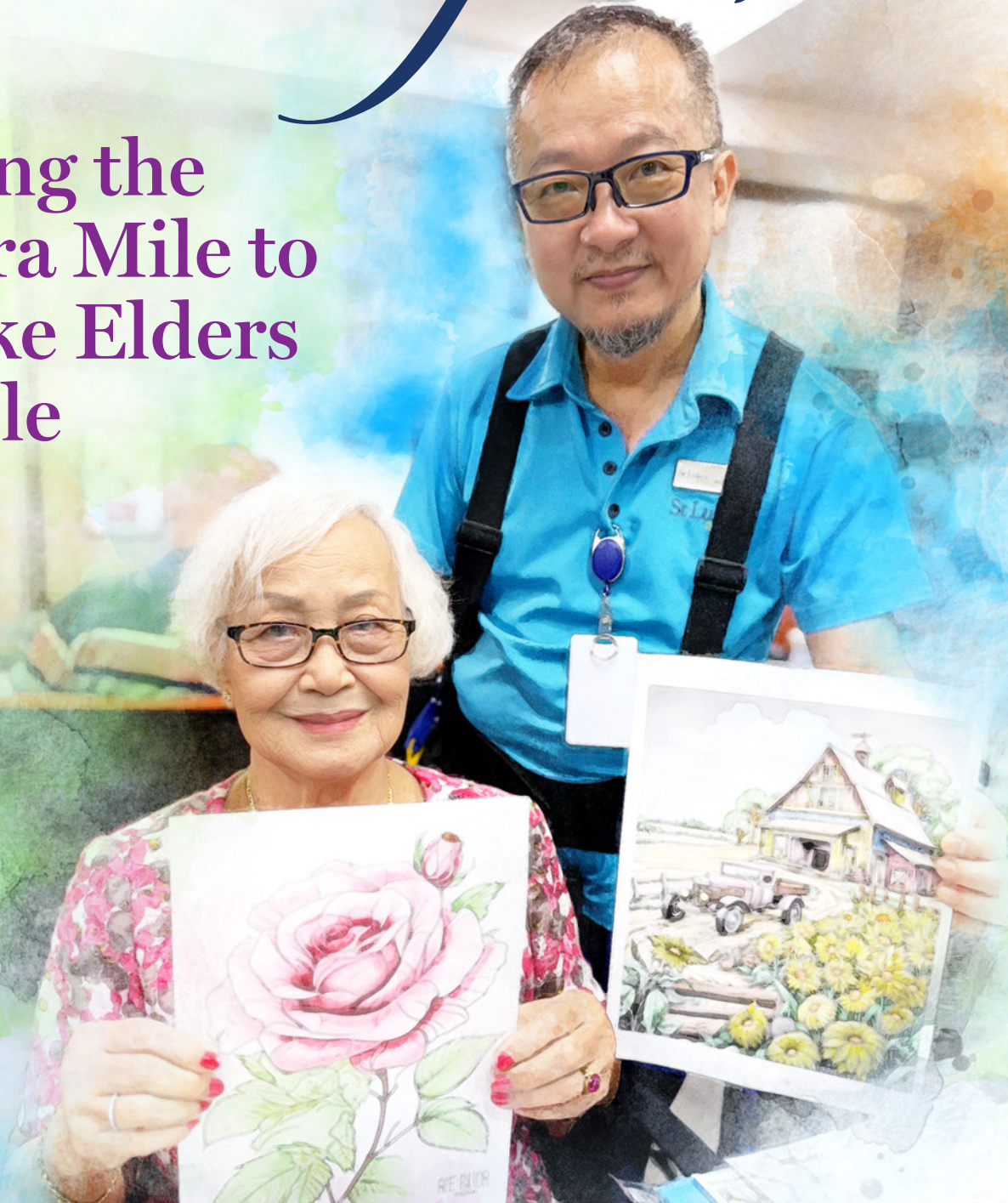


Touch of Grace

St Lukes
ELDERCARE

Going the Extra Mile to Make Elders Smile

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Advocating and Sharing Knowledge
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CARE@SLEC

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Run, Walk or Hike 60km
for Our Elders!

LIFE@SLEC

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The 'Cooks' behind the
Award-Winning Recipe Book

A Note by Our CEO



In August, Singapore marked a significant milestone – our 60th National Day – honouring the generations who built the nation that we call home. At St Luke's ElderCare (SLEC), we also held our Annual General Meeting, where we reflected on how we have been enriching lives of our elders in the past financial year.

We are deeply grateful for the many hands and hearts that have come together to bring smiles of joy to our elders. This newsletter issue gives a snapshot of the various efforts – from students teaching life-saving skills and introducing the game *Counter-Strike*, to staff sparking creativity through activities like colouring and crafts.

Beyond Singapore's shores, we've also been advocating for better community care through hosting foreign delegates at our facilities and participating in speaking engagements at international forums.

As Singapore celebrates 60 years of nationhood, we honour the elders who built our nation and communities. Their legacy inspires us to walk alongside them and enrich their lives with dignity and care.

We invite you to join us for our first-ever *SLEC Miles of Smiles 2025*, a challenge in which participants can walk, run or hike 60km to support the SLEC Community Transformation Fund. The fund is a five-year effort to raise \$30 million to drive six I.M.P.A.C.T. pillars – Innovate, Mentor, Programme, Advocate, Connect and Train – that uplift not only elders, but also caregivers, volunteers and partners. More details are on page 8 of this issue.

Together, let's continue to enrich the lives of more seniors and go the distance to bring about more smiles!

Adj A/Prof (Dr) Kenny Tan
Chief Executive Officer

We Enriched 22,000 Elders' Lives in FY2024/2025

Our latest Annual Report was presented at our 25th Annual General Meeting (AGM), held together with St Luke's Hospital's AGM, on 25 August 2025.

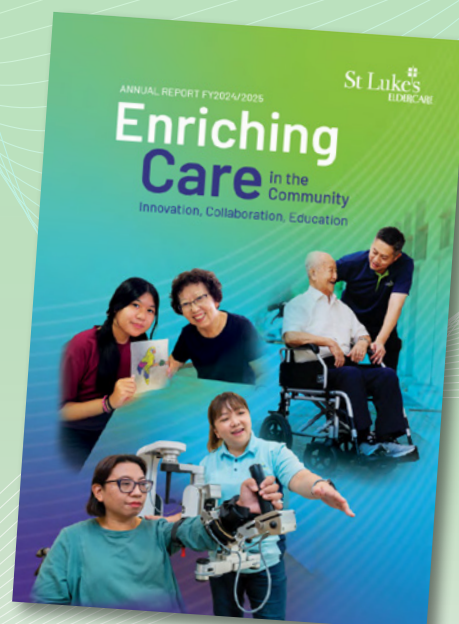
Themed "*Enriching Care in the Community*", it highlights key milestones and shows how we have been enriching lives through innovation, collaboration and education.

Initiatives featured include:

- our use of generative AI to preserve elders' legacies in books,
- the opening of the sector's first integrated facility with a community care partner, and

- our annual SLEC CommCare Symposium, where we presented thought leadership on dementia and spirituality, and wound care.

Thank you to all our partners, volunteers and donors for your support the past year! Read our Annual Report at bit.ly/SLECAR24.



Advocating and Sharing Knowledge for Better Community Care

As part of our education efforts, SLEC has been actively presenting thought leadership at various engagements, locally and internationally.

We hosted foreign delegates who visited our facilities, and our leadership team members spoke at various forums overseas – in Shanghai, Sydney and Taipei – sharing knowledge and best practices while raising awareness of our work. Here are some of the engagements in the past few months:

- In April, Adj A/Prof (Dr) Kenny Tan, our CEO, spoke to about 25 C-suite healthcare leaders from Russia's Moscow School of Management SKOLKOVO. They visited our Active Ageing Centre (Care) @ Northshore.



Dr Tan shared with Russian healthcare leaders about the community care landscape in Singapore and how SLEC cares for our elders.



Dr Wong shared about SLEC's digital transformation journey and our use of technology at the Aged Care IT Summit.

- That month, Dr Alan Wong, our Chief Operating Officer, spoke at the Aged Care IT Summit in Sydney.
- Mr Bernard Wan, our Assistant Director, Community-based Services & Centre-based Services (Senior Care), also spoke in April at Ageing Asia's World Ageing Festival 2025, Asia's largest gathering of stakeholders in the ageing ecosystem.
- In July, our CEO spoke at the 1st Ageing Asia China Global Dialogue 2025 in Shanghai.
- In August, we hosted delegates from Brunei's hospitals and they visited our Active Ageing Centre (Care) @ Anchorvale.
- Ms Agnes Hew, our Senior Director, Health & Social Care Services (Community) & Head, Corporate Strategy spoke at the Asia Pacific Care Industry Forum in Taipei in September.

Upskilling Sector Professionals; More Courses Now Available

Congratulations to the first batch of nine graduates from the WSQ Advanced Certificate in Healthcare (Community Care), conducted by SLEC CommCare Academy! They graduated in April and this new formal certification is a significant step towards professionalising the community care sector – equipping senior Community Care Associates with the skills and confidence to thrive in their roles.

To meet growing demand for quality training in the sector, SLEC CommCare Academy has expanded our course offerings to over 40 courses including geriatric care, wound care, rehabilitation care, dementia care, and more.

Find out more at www.slec.org.sg/commcare-academy/.



Sharing Skills and Smiles

At SLEC, our elders are not simply our care recipients – for they have much to give, too! Through diverse programmes, we bring our elders and the younger generation together to exchange stories, skills and experiences. We thank our partners for going the extra *mile* to make these moments possible, creating golden memories where all generations can *smile* together!



Red Cross cadets from Raffles Institution spent an afternoon teaching our elders life-saving skills at our Active Ageing Centre (Care) @ Bishan.

Saving Lives: An Ageless Endeavour

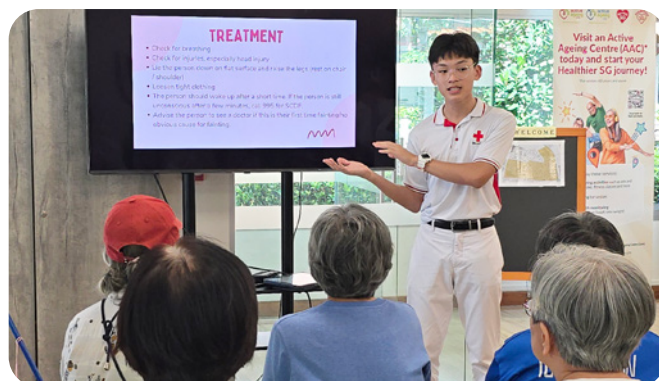
In May, 50 Red Cross cadets from Raffles Institution visited SLEC Active Ageing Centre (Care) @ Bishan to share life-saving skills with our elders.

With interactive guidance from the students, the active agers practised CPR, learned about AEDs (automated external defibrillators), bandaging techniques, the common symptoms of medical conditions such as diabetes and asthma, and what to do when someone is choking or experiencing a stroke.

The elders then took part in a quiz that tested what they had learned, ending the session on a fun and fulfilling note. For many elders, the session was a valuable refresher – with some hoping for more to come!

“It was an enlightening and enriching experience. I’m glad that we could give back to the older generation who have given so much to us.

– Angad Soni, one of the Red Cross cadets



A Red Cross cadet giving our elders an informative sharing on managing common health conditions.



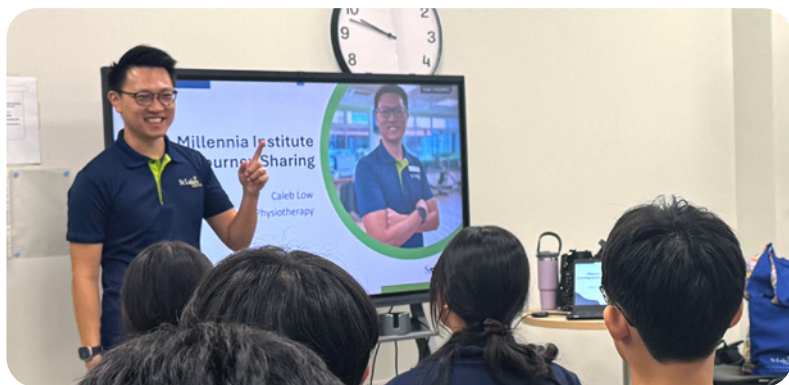
Red Cross cadet Angad Soni guiding our elder in practising bandaging techniques.

across Generations

First Steps into a Hands-On Journey with Elders

Over 20 students from Millennia Institute embarked on a meaningful learning journey at SLEC Active Ageing Centre (Care) @ Northshore in May, even learning a new sport. Together with our elders, they enjoyed activities such as ring toss and origami. In return, our elders introduced the students to floor curling, which many of the students had never encountered before.

In addition to fun interactions and forming friendships, the students also attended a sharing session by Mr Caleb Low, our Acting Head for Physiotherapy. He gave them a glimpse into the job requirements, challenges and rewards of a career in physiotherapy, offering valuable insights and encouragement to those interested in exploring a meaningful career in community care.



Mr Caleb Low, Acting Head for Physiotherapy, sharing his experience as a physiotherapist with the students from Millennia Institute.



Level Up! Elders and Youth Gun for Victory

Did you know that video games can improve cognitive and motor skills? Through encouraging problem-solving, quick responses and cooperative play, studies have even suggested that video games may be beneficial in preventing the onset of dementia.



Youths from Ignite Gaming embarked on a quest at SLEC Active Ageing Centre (Care) @ Northshore in May to guide elders on a journey to master the popular first-person video game *Counter-Strike*.

At first, some elders were hesitant, as it was their first time playing video games. With support from two enthusiastic peers and the youths, the group warmed up, turning the 10-week programme into a lively and fun experience. Gaming as a team helped to reduce social isolation, and many elders were eager to play more in the future.

Going the Extra Mile

At our centres, our elders' silver years are enriched through vibrant programmes in art, dining and music, among others. From staff-led sessions to initiatives by our Programme Development team and the support of partners and volunteers, each activity brings opportunities for creativity, connection and joy.



"Shades of Joy" colouring club members at our Senior Care Centre @ Sumang.

Shades of Joy: Colouring with Confidence

Growing up, Mdm Nai never had the chance to colour. Today, at 74, through the Shades of Joy colouring club, she brings pictures to life by skilfully adding gradients of shades and colours. Another member of the colouring club, 91-year-old Mdm Tan, adds layers of colours to give a puppy illustration depth and texture, despite her poor eyesight. She beams with confidence as she showcases her work.



From left to right: Our elders, Mdm Nai and Mdm Tan, brought pictures to life with their colouring skills.



Henry Lee (in blue), our Community Care Associate, who started the "Shades of Joy" colouring club, guiding an elder through a colouring activity.

This colouring club was recently started by our Community Care Associate, Henry Lee, at our Senior Care Centre @ Sumang. He gathered elders who showed interest in colouring, provided each of them a set of colouring materials, and guided them along. Beyond simple colouring, he encouraged them to attempt more advanced techniques such as shading to create tones and depth in their work. The elders and their caregivers have been proud of the artworks produced and look forward to these sessions every day.

“Growing up, I never had the chance to colour. But thanks to Henry of SLEC, I finally learnt and now I can't stop.

– Mdm Nai, one of the members of the colouring club

to Make Elders Smile

Joyful Bites: Meals for the Soul

Mealtimes should not only be part of a routine, but an enjoyable moment to be savoured and remembered. SLEC's Dining Culture programme has special themed cuisine days and practices that encourage empowerment and freedom of choice. These include daily sharing of the Menu of the Day, and encouraging elders to be involved in meal preparation, set-up, and clean-up. Staff and volunteers also work together to create memorable, uplifting dining experiences that not only meet our elders' nutritional needs but also support their social and emotional well-being.

In July, the programme took place at our centres at Nee Soon East, Kebun Baru and Bukit Timah. Elders reminisced about the sights and flavours of their childhoods with photographs, vintage décor and childhood games. The centres even set up snack shops and game booths, and created a nostalgic atmosphere with timeless tunes from classic artists like Teresa Teng.



Thanks to the team who put their heart and hard work into the preparation that made this possible!

“The most meaningful part was seeing how our efforts brought back cherished memories for our elders.

– Teh Choon Ling, our Assistant Centre Manager at our Active Ageing Centre (Care) @ Nee Soon East

Meet the Team Behind Our Engaging Programmes

At SLEC, our Programme Development team empowers elders to age well through engaging initiatives that support their physical, psycho-social, emotional and mental well-being.

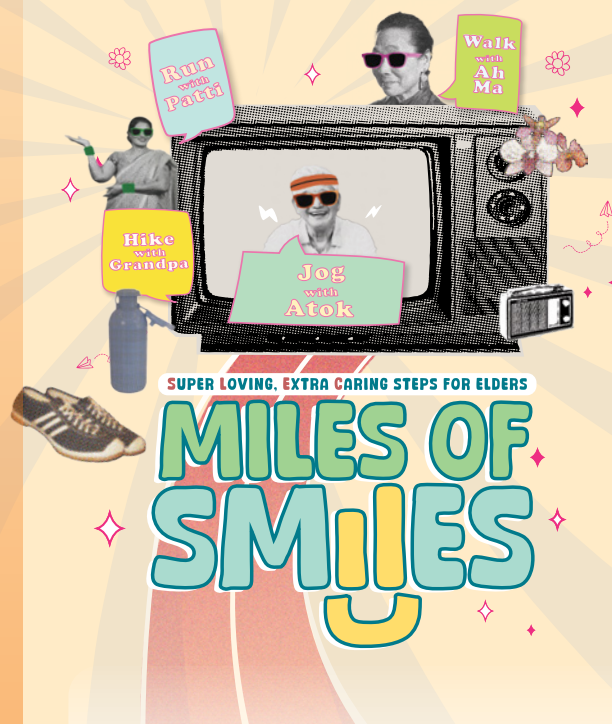
From the Dining Culture programme, where mealtimes become opportunities to share stories and friendships, to music, creative movement and visual arts sessions that encourage expression and activity, the team designs programmes that make everyday moments enriching. Intergenerational activities also bring the young and our elders together, creating spaces for connection and mutual learning.

The team is continually exploring new collaborations. In August, SLEC signed a Memorandum of Understanding with the Nanyang Academy of Fine Arts, combining expertise in arts education and community care to better support seniors' well-being.

A highlight of the partnership is the inaugural Ageing Artfully Conference on 15 November. It will bring together artists, academics, community care professionals and changemakers, and feature hands-on workshops across six themes, from storytelling to theatre and visual arts. Stay tuned for event highlights in our next issue!



Run, Walk or Hike 60km for Our Elders!



Our seniors are the generation who helped build our nation, lives and communities. To honour them this SG60, we invite you to join our **SLEC Miles of Smiles 60km Challenge**, and be part of our journey in raising \$500,000 for them. You can run, walk or hike 60km anywhere from 1 November 2025 to 31 January 2026.

How to Participate:

1. Scan the QR code or visit milesforsmiles.slec.org.sg
2. Make a donation of **\$20 or more** to register as an individual or as a team
3. Start clocking your 60km!

Every step makes a difference. With a **250% tax deduction** and **dollar-for-dollar matching** through the Community Silver Trust, your contribution will go even further in supporting our elders.

Scan the QR code to learn more and discover inspiring stories of our elders' resilience. Two stories are featured below.



Memories by the Old Bedok Beach

The Bedok of Mdm Tan Ai Ling's childhood was full of open doors, with children racing to the beach – a playground for the kids of Kampung Amber. Her youth was spent digging for clams to boil over wood in discarded tin cans, or pounding glass bottles into shards to armour handmade kites.

Mdm Tan's speech is peppered with Malay words, the language she shared with friends of all races. At SLEC, some elders affectionately call her the centre's counsellor. She chuckles: "Maybe it's because I treat everyone equal... People feel comfortable, so they come to talk and listen."

She joined SLEC after a fall and stroke about five years ago. With the support of the physiotherapy team, she regained her strength. That resilience and her warmth continue to shape how she meets people – with kindness, humour, and a ready smile.

Early Days of Orchard Road

In Mdm Tulasi's memory, Orchard was lined with lush green patches between shophouses and colonial bungalows. On some nights, the neighbourhood would gather at Tanglin Police Station, where a screen was set up to play wordless films – still a novelty in those days.

Although she moved away years ago, Mdm Tulasi remains close with her childhood friends. Today, she is part of a community in Pandan, where many of her neighbours were first-time homeowners and are now fellow seniors.

Earlier this year, she had a heart attack and began physiotherapy at SLEC. Remarkably, she felt fully recovered within three months. Now, she looks forward to new activities at SLEC, such as crafts with upcycled materials. "I've met a lot of friends here," she says with a smile. "I feel physically and mentally fit."



The 'Cooks' behind the Award-Winning Recipe Book



In April, SLEC received six trophies at the 13th Asia Pacific Eldercare Innovation Awards 2025. Our *Connecting Generations* recipe book won in the Programme (Social Engagement – Intergenerational) category. We spoke to the project team from SLEC's Programme Development Unit – Dr Lim Peng Peng (who used to head the team and is currently Deputy Head for SLEC Residence @ Ang Mo Kio & Head, Medical Services) and Senior Programme Executive Caroline Lay – to find out about their experience working on the book.

Q Why a recipe book? Why involve students?

A We know our elders each have a food story, and food is close to everyone's hearts (and stomachs). A recipe book was a meaningful way for them to share their stories and pass down their favourite recipes as a legacy.

We needed help interviewing the elders, so we thought of involving students. This also added an intergenerational element to the project.

Q What were your first thoughts when you learnt that you'd be involved in producing a recipe book – something out of your usual job scope?

A We had no idea how to go about putting together a book! It was a learning curve to understand the process of collecting, curating and editing the content. We're thankful for our Communications colleague who helped us with sourcing for a publishing company and provided guidance along the way!

Q What's the most challenging part of the project?

A One key challenge was trying to match students to elders based on the languages spoken. Some students could not speak Mandarin or dialect, but it was heartening to see them trying their best to communicate and connect with the elders.

Q What's the most memorable part of the project?

A Seeing the elders' faces light up when they saw their stories and photos in print. Many elders also had their solo photo taken professionally for the first time – they were shy at first, but happy with how the photos turned out. Some even asked for copies as keepsakes.

Q Most people associate "innovation" with technology. How did you feel when the recipe book project was a winner at the Eldercare Innovation Awards?

A Very surprised indeed. That said, the recipe book reflects the meaning of innovation – a new method, idea, product – as it is unique and refreshing to adopt an intergenerational approach of having students collect elders' stories and recipes.

Q Last question! Which part of this project brings a smile to you?

A It is knowing our elders have left a legacy through their stories and recipes, and seeing how students came away with a deeper understanding of the older generation. We hope this inspires more shared meals, conversations and connections through food.



Our Programme Development team (from left to right): Joeve Lio, Caroline Lay and Dr Lim Peng Peng (now Deputy Head of SLEC Residence @ Ang Mo Kio and Head, Medical Services), receiving a trophy at the 13th Asia Pacific Eldercare Innovation Awards 2025.

跨越世代的笑容

在圣路加乐龄关怀，年长者不仅是受关爱的对象，更是经验与智慧的分享者。通过多样化的跨代活动，我们让年长者与年轻一代相互交流、互学互教，在温情与笑声中共创美好回忆。我们感谢所有合作伙伴们的倾力支持，让这些珍贵瞬间实现，创造出跨世代同欢笑的金色回忆！



莱佛士书院的红十字少年团成员在碧山活跃乐龄护理中心度过了一个下午，与年长者分享急救与健康知识。

救人无龄界：生命教育的传承

今年5月，来自莱佛士书院的50名红十字少年团成员走进碧山活跃乐龄护理中心，与年长者分享急救与健康知识。

在学生们互动教学中，年长者学习了心肺复苏术（CPR）、自动体外除颤器（AED）的使用方法、包扎技巧，以及如何辨识糖尿病、哮喘与中风等常见疾病的症状。

课程最后设有趣味问答环节，气氛热烈又充实。许多年长者表示，这不仅是一次有趣的体验，更是一堂宝贵的复习课，大家都希望未来还能继续学习。



红十字少年团成员为我们的年长者分享关于常见健康状况管理的知识。

“这次活动让我深受启发。能将我们学到的知识分享给为社会奉献多年的前辈们，真的很有意义。”

— Angad Soni, 红十字少年团的一名成员



红十字少年团成员Angad Soni指导我们的长者练习绷带包扎技巧。

与技能分享

初次同行: 学生与年长者的动感交流

同样在5月，来自励仁高中的25名学生走进北岸活跃乐龄护理中心，与年长者展开了一场寓教于乐的学习之旅。

学生们与年长者一起玩投环、折纸等活动，而年长者则反过来教他们玩地板冰壶球，一种对许多学生来说既新鲜又充满乐趣的运动。

除了互动交流，学生们还参加了一场由圣路加乐龄关怀物理治疗代理主管刘伟杰主讲的分享会。刘主管介绍了物理治疗师的工作内容、挑战与使命，并鼓励学生思考未来如何在社区照护领域中发挥自己的热忱与专长。



物理治疗代理主管刘伟杰与励仁高中的学生分享自己作为物理治疗师的经验。



跨世代游戏对决: 年长者与青年并肩作战!

您知道吗？电子游戏除了能提高手眼协调能力，还能增强思维反应与合作技巧，甚至有助于延缓认知退化。



来自 Ignite Gaming 的青年志愿者在5月走进北岸活跃乐龄护理中心，带领年长者体验第一人称射击游戏《反恐精英》(Counter-Strike)。

一开始，年长者们对电子游戏还显得有些犹豫，毕竟这是他们的初体验。但在青年与同伴的热情鼓励下，他们渐渐投入其中，十周的课程变成一段充满笑声与惊喜的欢乐旅程。

通过团队协作与互动，大家不仅学会了新技能，也拉近了彼此的距离。许多年长者意犹未尽，笑着表示期待下一次的约会。

用心多走一里路，

在我们的中心，年长者的金色年华因丰富多彩的艺术、餐饮、音乐等活动而更加绚丽。从员工主导的课程，到项目发展团队精心策划的活动，再到合作伙伴与志愿者的热情支持，每一项活动都为年长者带来创意、连结与快乐的机会。



苏芒护理中心“快乐上色”俱乐部的年长成员。

快乐上色：用色彩点亮自信

年少时，赖女士从未有机会拿起彩笔。如今74岁的她，通过“快乐上色”俱乐部，学会了灵活运用色彩与渐层，让画纸焕发新的生命力。俱乐部的另一位成员、91岁的陈女士，尽管视力不佳，仍坚持为小狗插画层层上色，为作品增添立体感。她自信地展示着自己的成果，脸上洋溢着满足的笑容。



从左至右：赖女士与陈女士以色彩和渐层为画纸注入新的生命力。



社区护理助理李荣汉（身着蓝衣），同时也是“快乐上色”俱乐部创办人，正细心指导一位年长者完成涂色活动。

“快乐上色”俱乐部由苏芒护理中心的社区护理助理李荣汉发起。他邀请有兴趣的年长者加入，为他们准备绘画材料，并亲自指导。除了简单的填色，他还鼓励年长者尝试阴影与色彩变化等进阶技巧，提升作品层次。如今，年长者与看护者都为这些作品感到自豪，每天都盼望着活动时光。

“我从小没机会涂色。但多亏了圣路加乐龄关怀的李荣汉，我终于学会了，而且现在根本停不下来。”

— 赖女士，“快乐上色”俱乐部的一位成员

让长者展笑颜

美味时光：餐餐的温暖力量

用餐，不只是每日的惯例，更应是一段值得细细品味、充满温情的时光。圣路加乐龄关怀的“餐饮文化”项目，通过主题餐日与多样化活动，鼓励年长者拥有自主与选择的权利。每天公布“今日菜单”，并邀请年长者参与备餐、布置及清理工作，让他们在过程中感受被尊重与被赋能的喜悦。

员工与志愿者携手合作，为年长者打造温馨、愉快的用餐体验，不仅满足营养需求，更滋养他们的心灵与社交生活。

今年7月，该项目在义顺东、哥本峇鲁及武吉知马中心举行。年长者在怀旧照片、复古装饰与童年游戏中，重温昔日的风景与味道。中心还特别设置零食摊位与游戏摊位，并播放邓丽君等经典歌手的乐曲，营造出满载温情的怀旧氛围。



感谢团队倾注心力与辛勤付出，让这些项目顺利成行！

“最令人感动的，是看到我们的努力唤起了年长者心中珍贵的回忆。”
— 义顺东活跃乐龄护理中心助理经理戴俊玲

策划丰富有趣活动的团队

在圣路加乐龄关怀，我们的项目发展团队致力于通过多元活动，帮助年长者在身体、心理、情感与精神层面实现全人健康。

从“餐饮文化”项目中共进餐点、分享故事与友情，到音乐、创意动作与视觉艺术活动，团队不断设计让生活更有意义的日常体验。跨代活动更让年轻人与年长者彼此学习、互相启发，搭建出温暖的连结。

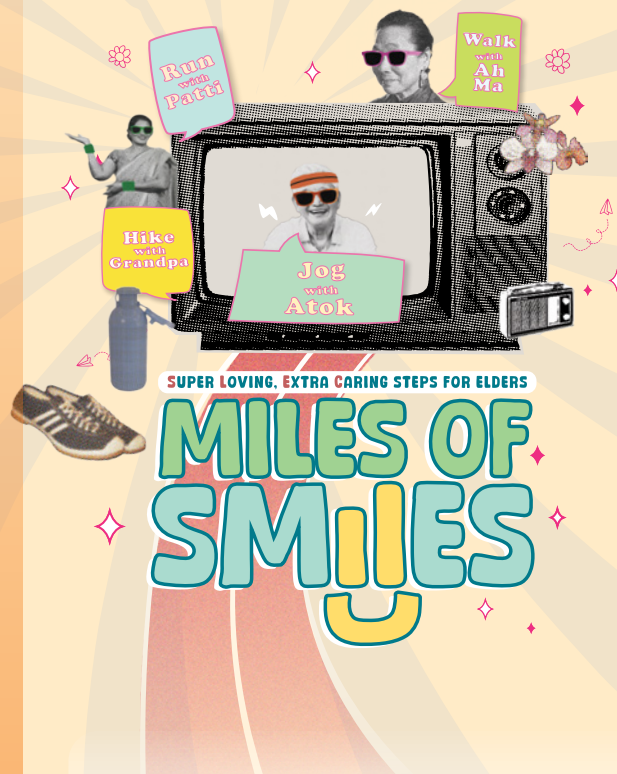
团队也持续探索跨领域合作。今年8月，圣路加乐龄关怀与南洋艺术学院签署合作备忘录，将艺术教育与社会关怀相结合，以促进年长者的身心健康。

合作亮点之一，是将于11月15日举办的首届“艺术·优雅乐龄”研讨会（Ageing Artfully Conference）。届时将汇聚艺术家、学者、社区护理专业人士与社会创新者，通过六大主题工作坊——涵盖故事创作、戏剧、视觉艺术等领域，共同探讨如何以艺术促进健康老龄化。

敬请期待我们下一期的精彩报道！



为我们的年长者而行：跑、走、徒步60公里！



我们的年长者是国家建设的重要一代，他们为今日的社会打下坚实的根基。为庆祝新加坡建国60周年（SG60），我们邀请您加入**圣路加乐龄关怀微笑之旅60公里挑战赛**，与我们为年长者筹集50万元善款！

您可在2025年11月1日至2026年1月31日期间，自行选择任何地点，以跑步、步行或徒步的方式，累计完成60公里的旅程。

参与方式：

1. 扫描二维码或访问milesOfSmiles.slec.org.sg
2. 捐款至少**20元**，即可个人报名或组队参与
3. 开始记录您的60公里之旅！

每一步，都能带来改变。您的捐款可享**250%税务减免**，并通过社区乐龄基金获得**一比一配对资助**，为年长者带来加倍的祝福与支持。

扫描二维码了解更多活动详情，并阅读年长者的动人故事。他们的坚韧与笑容，是我们前行的最大动力。以下两篇故事与您分享。



勿洛海岸的童年回忆

陈爱玲女士的童年在勿洛度过。那时的甘榜安伯（Kampung Amber）家家户户敞开大门，孩子们成群结队奔向海滩，那是他们的天然游乐场。

她回忆起，那些年自己与朋友们在沙滩上挖蛤蜊，用废弃铁罐生火煮食；又或是把玻璃瓶敲碎成片，为自制的风筝加固结构，让它们在风中飞得更稳。

她说话时不时夹杂着几句马来语，那是她与不同种族朋友之间的共同语言。如今，在圣路加乐龄关怀，她被年长者们亲切地称为“辅导员”。她笑着说：“也许是因为我平等地对待每个人吧...大家都觉得自在，所以喜欢来找我聊聊天。”

五年前，她因跌倒与中风而加入圣路加乐龄关怀。在物理治疗团队的悉心陪伴下，她逐渐恢复了体力。如今，她依然用温暖、幽默与笑容感染着身边的每一个人。

乌节路的早年风貌

在Tulasi女士的记忆中，早年的乌节路两旁绿树成荫，间或点缀着店屋与殖民地风格洋房。夜幕降临时，居民们会聚集在东陵警署的空地上，观看无声电影，那是当年少有的新奇娱乐。

虽然多年后她搬离了那里，但与童年好友仍保持着深厚的情谊。如今，她住在班丹社区，与昔日邻居们一同步入晚年，继续分享彼此的生活。

今年初，她经历了一次心脏病发作，并在圣路加乐龄关怀开始接受物理治疗。令人惊喜的是，仅三个月后她就完全康复。如今，她积极参与中心的新活动，例如利用再生材料制作手工艺品。她笑着说：“我在这里结识了很多朋友，身心都感觉更健康、更有活力。”





SLEC is an Institution of Public Character (IPC).
SLEC IPC number: IPC000155

I want to *help* !

Donation Amount 捐款金额

☐ MONTHLY Donation 每月捐赠

☐ ONE-TIME Donation 一次性捐赠

☐ \$500

☐ \$250

☐ \$100

☐ Others: _____

Donor Details 捐赠者资料

Name / Organisation 姓名 / 机构: (Dr/Mr/Mrs/Ms/Mdm) _____

NRIC / FIN / UEN Number 身份证 / 机构识别号码: _____

compulsory for automatic tax deduction 需填写

Email 电邮: _____

Contact Number 联络号码: _____

Address 地址: _____

All donations are eligible for 250% tax deduction and will be automatically included in your tax assessment if tax reference (e.g. NRIC/FIN/UEN) number has been provided.

We are going green! St Luke's ElderCare will issue e-receipts for all tax-deductible donations. Please provide an email address for the purpose.

☐ If you require a hard copy tax-deductible receipt, please tick this box.

By submitting this donation form, I hereby give consent to St Luke's ElderCare Ltd's use and disclosure of my personal data, for processing and submission to IRAS for tax deduction. I consent to receive donor-related materials, news and other updates, in accordance with our privacy policy (slec.org.sg/privacy-policy). I am aware that I can withdraw the consent at any time by sending an email to donorsupport@slec.org.sg.

Mode of Donation 捐赠方式

☐ Online Donation 网上捐赠

Scan this QR Code:

扫描QR码:

Or visit <https://bit.ly/25NLT2>



☐ Credit/Debit Card 信用卡/借记卡



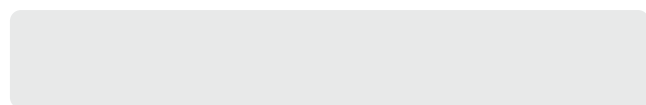
Name on Card 持卡人姓名: _____

Expiry Date 有效日期: _____

M M / Y Y

Compulsory field

Signature(s) 签名: _____



Date 日期: _____

☐ Cheque 支票

Cheque Number 支票号码: _____

Please make cheque payable to 支票请支付给 "St Luke's ElderCare Ltd"

FOR ST LUKE'S ELDERCARE'S COMPLETION 由圣路加乐龄关怀填写

Bank	Branch	St Luke's ElderCare Ltd's Account No.
7	1	7
1	0	3
3	3	0
3	3	0
2	0	6
6	6	0
7		
Bank	Branch	Donor's Account No.
Donor's Reference No.		

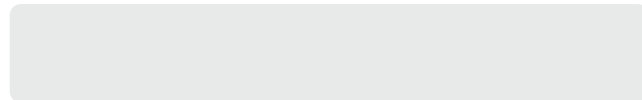
☐ GIRO 财路 (For MONTHLY Donation Only 仅限每月捐赠)

Name of Bank 银行: _____

Name(s) as in Bank's Records 如银行记录的姓名: _____

Bank Account Number 户口号码: _____

Signature(s) / Thumbprint(s) 签名/拇指印: _____



Date 日期: _____

Bill to 受惠团体: St Luke's ElderCare Ltd

- I/We hereby instruct you to process the instruction from St Luke's ElderCare Ltd to debit my/our account.
- You are entitled to reject St Luke's ElderCare Ltd's debit instruction if my/our account does not have sufficient funds and charge me/us a fee for this. You may also, at your discretion, allow the debit even if it results in overdraft on the account and impose charges accordingly.
- This authorisation will remain in force until terminated by your written notice sent to me/our address last known to you or upon receipt of my/our written revocation through St Luke's ElderCare Ltd.

FOR BANK'S COMPLETION 由银行填写

This application is hereby REJECTED (please tick) due to:

- ☐ Signature/Thumbprint differs from Bank's records
- ☐ Signature/Thumbprint incomplete/unclear
- ☐ Account operated by Signature/Thumbprint
- ☐ Wrong account number
- ☐ Amendments not countersigned by customer
- ☐ Other reasons: _____

Name of Approving Officer: _____

Date: _____ Authorised Signature: _____

Leave a lasting legacy through planned giving

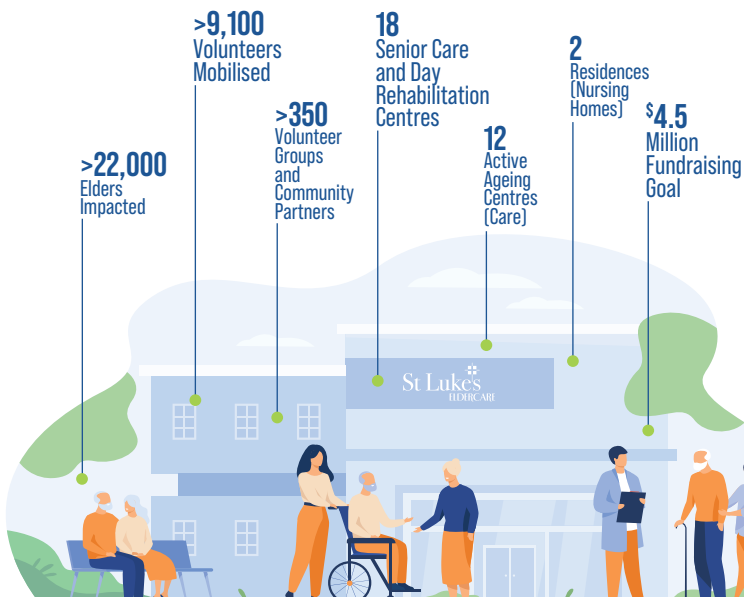
To find out how to include SLEC in your CPF nomination or get started on your legacy planning, please email us at donorsupport@slec.org.sg

BUSINESS REPLY SERVICE
PERMIT NO. 09381



ST LUKE'S ELDERCARE LTD
Fundraising Department
461 Clementi Road #04-11
Block A, SIM Headquarters
Singapore 599491

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Donating online is easy, hassle-free and helps us save on administrative costs and labour. Thank you!



<https://bit.ly/25NLT2>